

# driver improvement

## Defensive Driving Course — SCARR, 1st Edition State Courts Against Road Rage



The National Highway Traffic Safety Administration estimates that about one-third of traffic crashes and about two-thirds of the resulting fatalities can be attributed to driving behavior commonly associated with aggressive driving. SCARR will educate these drivers on the dangers of aggressive driving and teach them to make responsible decisions while driving.

### what participants will learn

Our goal is to help students . . .

- Improve driving behavior by becoming a more educated, responsible, and defensive driver
- Identify and explain behaviors that led to their most recent ticket
- Identify reasons for making poor (high risk) driving choices
- Identify personal, legal, and monetary consequences of their driving behavior
- List advantages of having a driver's license
- Recognize that a lack of knowledge is NOT the cause of their problems
- Define and create a profile of themselves as a defensive driver

### course description

The State Courts Against Road Rage (SCARR) course was developed to educate younger drivers charged with serious motor vehicle violations. SCARR is intended to:

- Make the students face the driving behaviors that got them into the class and discuss how they will change that behavior
- Make them understand the possible serious consequences involved with irresponsible and dangerous driving
- Educate them on how to handle and prevent dangerous driving scenarios



### reasons for taking the course

A Massachusetts JOL License or Permit holder that commits certain categories of motor vehicle violations is required by law to complete the SCARR program. Drivers may also be mandated to complete SCARR as assigned by a specific court.

For a complete list of JOL License and Permit Violations and Penalties, visit:

[http://www.mass.gov/rmv/jol/jol\\_penalties\\_chart.htm](http://www.mass.gov/rmv/jol/jol_penalties_chart.htm)



### course benefits

Students will have a better understanding of the repercussions of irresponsible driving behaviors and will know how to better handle peer pressure. They will come away with information they can put into practice immediately to protect themselves and others on the road.

For more information about the National Safety Council's **Defensive Driving Course - State Courts Against Road Rage (SCARR)** program:

- Visit <http://drive.nsc.org>
- Call 866.398.0864 or
- Email us at [mass\\_driver@nsc.org](mailto:mass_driver@nsc.org)

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## Defensive Driving Course — State Courts Against Road Rage (DDC-SCARR), 1st Edition

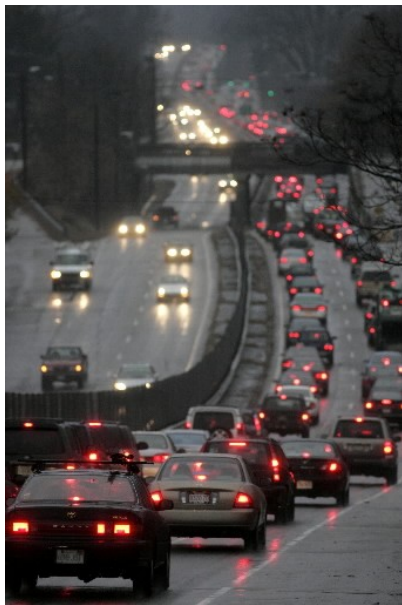
- Long-term Goal:** Help participants improve driving behavior by teaching them to become a more educated, responsible, and defensive driver.
- Class Size:** Most effective when class is limited to 30 participants
- Format:** DVD in English



### Session 1—Choices and Responsibility: Turning the Key to Change

**Course Length**  
90 Minutes

- Use the video, *Not Our Families*, to get students to think about their driving behaviors and reasons why they are there.
- Identify and explain the poor (high risk) driving choices that led to their traffic ticket/collision.
- List advantages of having a driver's license.
- Recognize how personal responsibility relates to driving choices.
- Define and create a profile of a defensive driver.



### Session 2—Defensive Driving: Rules of the Road, Conditions, and the Environment

**Course Length**  
120 Minutes

- Identify common driving behaviors that result in violations and crashes.
- Explain how to use defensive driving techniques and safe choices and decisions in common driving situations.
- Identify causes of and mental conditions, including anger, distractions, and drowsiness, that may affect driving ability.
- Recognize physical and environmental conditions that may affect driving ability.
- Identify the benefits of using occupant restraint systems
- Recognize the effect of alcohol and other drugs on driving ability

### Session 3—Decisions: Which Road Will You Take

**Course Length**  
30 Minutes

- Reflect on what brought them to the situation they are facing today.
- Use the video, *Real People*, to reflect on the negative personal consequences of continuing to drive irresponsibly and unsafely.
- Create an action plan for changing personal behaviors and decisions they will make in future driving situations.

#### **NSC®'s Defensive Driving Course Quality Statement**

The National Safety Council® is committed to providing effective, relevant, up-to-date driver-improvement programs that help today's motorists driver safely, courteously and defensively. The goal of the program is to prevent traffic collisions/violations and to reduce fatalities, injuries and costs to society.