



Alive at 25, 4TH EDITION

NSC Driver Safety Training



To learn more about Alive at 25, call (800) 621-7619 or an NSC Chapter, or visit nsc.org/DDC-Instructor-Courses.

To request more information go to nsc.org/ddc_info

Proven to teach drivers under 25 to make safe and legal driving decisions.

Alive at 25[®] is a highly-interactive course that teaches drivers under 25 the attitudes of personal responsibility and respectful decision making to ensure they are capable of making safe and legal driving decisions. This new curriculum is designed and structured using a modular approach with four 60-minute sessions with five-minute breaks. A fifth session, with 25 minutes of classroom time, is included in the instructor manual for those states that require a full 240 minutes of classroom time.

What participants will learn

Drivers between the ages of 15-24 are more likely than anyone else to be killed in a motor vehicle collision. Alive at 25 incorporates *Reality Therapy and Choice*[™] Theory techniques to help participants identify the five basic needs that drive human behavior. Whereas driver education teaches the mechanics of car and road handling and state law, Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides tools for making positive choices. This course is an excellent complement to standard driver education programs.

Course features

- an interactive approach using balanced levels of information and learner-centered application activities
- appropriate media that reflect the participant needs and learning styles
- a variety of learning methods and media, such as realistic scenarios to enhance learning
- emphasis on knowledge and skills transfer
- integrated review and application of previously learned concepts

Only certified NSC DDC Instructors can teach Alive at 25. If you are currently certified to teach Alive at 25 3rd edition, you must purchase the **Alive at 25, 4th edition Instructor Resource Kit and register for an online live webinar to learn how to instruct the program**. Register here at nsc.org/alive25-webinars. For new instructors, you must satisfactorily complete the Instructor E-Learning curriculum for the Alive at 25 course. E-Learning courses will be available January 2017.

All new! NSC DDC E-Learning Instructor Training is delivered to candidate instructors online using a modular approach providing interactive elements to engage learners and promote learning, including audio narration, videos, animations, games, and knowledge checks. The Alive at 25 E-Learning course is segmented into four units and will take about 12 hours to complete.

DDC Instructor Course registration fees may vary. Contact the National Safety Council at **(800) 621-7619** or the Administering Office prior to registering for an Instructor Course to discuss your DDC training options, registration fees and teaching material pricing, course dates, and to complete a DDC Training Center agreement.

National Safety Council
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nsc.org

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National Safety Council
course materials
provide for the highest-
quality instruction and
learner retention.

Alive at 25 course materials

DDC Programs are based on proven defensive driving techniques and driver attitude research. This course is designed, written and reviewed by leading safety experts, driver education professionals, statisticians and research analysts, and an international advisory committee.

Instructor Resource Kit: Instructor Manual, Multimedia 2-Disk Set containing videos, animated illustrations, real-life driver scenarios and Instructor Presentation, *Reality Therapy and Choice Book*, Course Guide, Universal Certification Card, Certificate of Completion, and First Year Instructor Certification.

Student Course Guide and Certificate of Completion – the 44-page, full color Course Guide is laid out in a color coded easy to follow format. The newly-designed course guide includes removable items for classroom activities. One course guide is required for each student.

DDC Spotlight

The program has proved so successful that many military installations are using it for armed forces personnel between basic training and first duty assignments.

Schools districts and private schools across the nation now require the program for teens who wish to purchase a parking pass to park their vehicle on school property.

Traffic Courts and bar associations across the nation now require graduated driver license traffic offenders to complete the program for retraining before they are allowed to operate a motor vehicle again.

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