# DDC programs:
More than 45 years of improving driver attitudes, behavior and performance

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<th>Program name</th>
<th>Course content</th>
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| DDC 4*       | This engaging, four-hour course focuses on driver attitudes to prevent collisions and reinforces good driving skills and habits. It includes a broad array of behind-the-wheel topics, current federal and state laws, and is easily customized to address local needs and driving conditions. | • New drivers  
• Experienced drivers who need periodic training or post-incident retraining  
• Incidental operators  
• Contractors who work on behalf of your company | • Keep employees safe on and off the job  
• Improve your company's knowledge of best driving practices  
• Reduce fleet insurance premiums  
• Reduce workers' compensation claims  
• Maintain your cost of doing business  
• Protect your brand through exemplary driving and lack of incidents  
• Shield your organization from legal claims | 2 days* | 4 hours |

| DDC 8/6*     | This engaging eight- or six-hour course includes DDC 4 content and expands on it for a more in-depth examination of incident avoidance behaviors and safe driving practices. DDC 8/6 will help you manage risk. | • Companies whose employees drive significant miles, face unusual conditions or carry hazardous cargo  
• Companies with higher than normal incidents, fleet insurance or workers compensation costs  
• New drivers  
• Experienced drivers who need periodic training or post-incident retraining | • Keep employees safe on and off the job  
• Improve your company's knowledge of best driving practices  
• Reduce fleet insurance premiums  
• Reduce workers' compensation claims  
• Maintain your cost of doing business  
• Protect your brand through exemplary driving and lack of incidents  
• Shield your organization from legal claims | 2 or 3 days* | 8 or 6 hours |

| DDC Online and DDC Self-Study | Based on the DDC 8/6 course, the web-based and self-study programs present real-life driving situations and hazards in an engaging and interactive way. The online or self-study format is convenient for companies that have little space for classroom training, limited manpower or geographical factors that restrict in-person attendance. In addition, the online course curriculum is adaptable to a variety of participants and circumstances (e.g. seniors, urban driving, winter driving, etc.). | • Those who prefer self-paced instruction and schedule flexibility  
• Companies that don’t have an instructor on staff or classroom capability  
• Employees of a business with multiple locations, remote facilities, working from home or at one of your facilities  
• Companies who want to train a large number of employees in a short period of time  
• New drivers  
• Experienced drivers who need periodic training or post-incident retraining | • Keep employees safe on and off the job  
• Improve your company's knowledge of best driving practices  
• Reduce fleet insurance premiums  
• Reduce workers compensation claims  
• Maintain your cost of doing business  
• Protect your brand through exemplary driving and lack of incidents  
• Shield your organization from legal claims | Self-paced† | 2-4 hours† |

* NSC Instructor Certification is required to teach this course. Call (800) 621-7619, contact your local NSC Chapter or visit train.ncs.org/ntc to find Instructor Development Course dates and locations. Depending on course selection, blended learning options may be available. Please contact office administration for further details.

† Online and self-study course length varies based by individual learning speed and internet connection speed. Other factors may also contribute to the length of time a student takes to complete a self-paced course.

See other side for additional programs and information
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| **DDC Professional Truck Driver Classroom, Online and Self-study** | The four-hour instructor-led classroom, online and self-study program options will explain how driver fatigue and stress affects operating a large truck, how physical and mental driver conditions affect performance, proper vehicle maintenance and inspection, ways to deal with changing driver conditions and hazards, safe following distances, how to deal with blind spots, lane management techniques and steps for backing up safely. | • CDL A and B drivers, bucket trucks, lighter weight delivery trucks, vans and other vehicles  
• Employees whose primary job is driving  
• CDL drivers requiring driver improvement training under CSA 2010  
• Companies with remote or multiple locations where classroom training is not cost or time effective (online and self-study programs are offered)  
• Employees who drive more than the average company driver | • Keep employees safe on and off the job  
• Improve your company’s knowledge of best driving practices  
• Reduce fleet insurance premiums  
• Reduce workers’ compensation claims  
• Maintain your cost of doing business  
• Protect your brand through exemplary driving and lack of incidents  
• Shield your organization from legal claims | Instructor course not required.  
Train-the-trainer courses are available. Visit train.nsc.org/ntc for dates and locations. | Classroom 4 or 6 hours  
Online and Self-study 2-4 hours† |
| **DDC Alive at 25*** | This highly interactive course focuses on the unique challenges faced by young adult and newly licensed drivers ages 15-24. It is also ideal for young drivers who incur traffic violations. More than one million young drivers have benefitted from this course. NSC also offers an online Alive at 25 Parent Program. | • Drivers between 15-24 years of age  
• Employees who have family with young adult drivers between 15-24 years of age  
• Experienced drivers who need periodic training or post-incident retraining | • Keep employees safe on and off the job  
• Improve your company’s knowledge of best driving practices  
• Reduce fleet insurance premiums  
• Reduce workers’ compensation claims  
• Maintain your cost of doing business  
• Protect your brand through exemplary driving and lack of incidents  
• Shield your organization from legal claims | 2 or 2 1/2 days*  
4 hours | |
| **DDC Attitudinal Dynamics of Driving* ** | This behavior-based advanced course is an excellent program for drivers who exhibit a continuing pattern of poor driving habits and excessive traffic violations. Participants are able to ask questions, share opinions and join in a non-threatening, non-judgmental discussion format that promotes greater response to course concepts and increased opportunity to change. | • Post-incident basis or problem drivers  
• Individuals exhibiting risky behavior who need a catalyst for positive change  
• Multiple-incident driver who needs greater focus on how to improve safe driving practices | • Keep employees safe on and off the job  
• Improve your company’s knowledge of best driving practices  
• Reduce fleet insurance premiums  
• Reduce workers’ compensation claims  
• Maintain your cost of doing business  
• Protect your brand through exemplary driving and lack of incidents  
• Shield your organization from legal claims | 3 days*  
6 or 8 hours | |

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† Online and self-study course length varies based by individual learning speed and internet connection speed. Other factors may also contribute to the length of time a student takes to complete a self-paced course.

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