



## Defensive Driving Courses (DDC) e-Learning Instructor Certification Courses: Module Sessions and Timing

### DDC Foundation (Principles of Defensive Driving)\*

UNIT	MODULE		TIMING (MINUTES)
1	1-1	Introduction and Overview	14
	1-2	Know Your State and Local Laws	14
	1-3	Driver Background and Experience	30
	1-4	Vehicle and Driver Control	20
	1-5	Stopping and Following Distance	14
	1-6	Occupant Safety	18
	1-7	Impaired Driving	15
	1-8	Aggressive Driving and Road Rage	12
	1-9	Backing with Large Trucks	13
			<b>150</b>
			<b>(2 hours 30 minutes)</b>

*\*Unit 1 has nine Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

### DDC Facilitation and Classroom Management\*

UNIT	MODULE		TIMING (MINUTES)
2	2-1	Learner Characteristics and Learning Styles	25
	2-2	Instructor Communications	20
	2-3	Facilitation Techniques	25
	2-4	Participant and Classroom Management	30
	2-5	Instructor Responsibilities	20
			<b>120</b>
			<b>(2 hours)</b>

*\*Unit 2 has five Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

### Choice Theory/Reality Therapy\*

(Required Module for Alive at 25, Attitudinal Dynamics of Driving, Chronic Offender and SCARR)

UNIT	MODULE		TIMING (MINUTES)
3		Reality Therapy and Choice Theory	65
		Choice Theory Pre-Certification Exam	25
			<b>90</b>
			<b>(1 hour 30 minutes)</b>

*\*Unit 3 has two Modules. Each Module has a test. Candidates must score 100% to move to the next Module. The Choice Theory/Reality Theory Unit has 15 questions drawn from bank of questions. If the Candidate must retest, he/she may receive 5 – 7 new questions each time.*



## Defensive Driving Course (Specific) Curriculum\*

### DDC 4

UNIT	MODULE	TIMING (MINUTES)
4	<b>About DDC 4</b>	50
	Teaching Session 1: Driving Defensively in Our Roadway Community	40
	Teaching Session 2: Distracted and Impaired Driving	35
	Teaching Session 3: Conditions in Our Roadway Community	35
	Teaching Session 4: Fatal Four Driving Behaviors	40
		<b>200</b>
		<b>(3 hours 20 minutes)</b>

### DDC 8/6

UNIT	MODULE	TIMING (MINUTES)
4	<b>About DDC 8/6</b>	25
	Teaching Session 1: It's All About Choices	30
	Teaching Session 2: Ready of the Road	30
	Teaching Session 3: Don't Add Insult to Injury	50
	Teaching Session 4: Success on the Road	35
	Teaching Session 5: Collision Proofing	25
	Teaching Session 6: Driving for Life	25
		<b>220</b>
		<b>(3 hours 40 minutes)</b>

### Professional Truck Driver

UNIT	MODULE	TIMING (MINUTES)
4	<b>About Professional Truck Driver</b>	65
	Teaching Session 1: Professionals in the Roadway Community	45
	Teaching Session 2: The Professional Driver	50
	Teaching Session 3: Driving Strategies	65
	Teaching Session 4: Handling Challenging Situations	45
		<b>270</b>
		<b>(4 hours 30 minutes)</b>

### Alive at 25

UNIT	MODULE	TIMING (MINUTES)
4	<b>About Alive at 25</b>	50
	Teaching Session 1: What's Stopping Me?	50
	Teaching Session 2: Am I Aware?	50
	Teaching Session 3: What's the Risk?	45
	Teaching Session 4: Who Controls My Outcome?	30
	Teaching Session 5: Know My Limits	15
		<b>240</b>
		<b>(4 hours)</b>



## Attitudinal Dynamics of Driving

UNIT	MODULE	TIMING (MINUTES)
4	<b>About Attitudinal Dynamics of Driving</b>	50
	Session 1 Teaching Session 1: Driving in the Real World	45
	Session 2 Teaching Session 2: Self-Assessment Profile	20
	Session 3 Teaching Session 3: What Motivates Behavior	40
	Session 4 Teaching Session 4: What Do You Know?	25
	Session 5 Teaching Session 5: Total Behavior	30
	Session 6 Teaching Session 6: Planning for Change	35
	Session 7 Teaching Session 7: Driving Choices and Behaviors	40
	Teaching Session 8: Choosing Responsible and Respectful Behaviors	30
		<b>315</b>
		<b>(5 hours 15 minutes)</b>

## Chronic Offender

UNIT	MODULE	TIMING (MINUTES)
4	<b>About Chronic Offender</b>	55
	Session 1 Teaching Session 1: I Need to Know!	60
	Session 2 Teaching Session 2: What I Choose to Do	50
	Session 3 Teaching Session 3: The Reality of My Choices	50
	Session 4 Teaching Session 4: Taking Responsibility	25
		<b>240</b>
		<b>(4 hours)</b>

## State Courts against Road Rage

UNIT	MODULE	TIMING (MINUTES)
4	<b>About State Courts Against Road Rage</b>	40
	Session 1 Teaching Session 1: How Did You Get Here?	50
	Teaching Session 2: The Deadly Sins of Driving	40
	Session 2	40
	Session 3 Teaching Session 3: Impaired Driving	40
	Session 4 Teaching Session 4: What Can Happen?	40
		<b>210</b>
		<b>(3 hours 30 minutes)</b>

*\*There are seven different Unit 4s — one for each curriculum. The Modules and tests run from as few as four to as many as eight depending on the curriculum. Candidates must score 100% to move to the next Module. This may mean retaking the same test until the Candidate passes.*

The Timing for each Unit/Module is based on passing all tests on the initial trial. Timing for each Unit/Module may vary among Candidate Instructors.