



9 a.m.
Wake up



10 a.m.
Pay for coffee



11 a.m.
Check news headlines



Noon
Update Facebook



1 p.m.
Check email



2 p.m.
Send a Tweet



3 p.m.
Send friend a "snap"



4 p.m.
Make a dinner reservation



5 p.m.
Drive



6 p.m.
Return email



7 p.m.
Call mom



8 p.m.
Shop online



When does it end?

You deserve to disconnect, and your drive is the perfect time to do that. **Take Back Your Drive**, not just for your safety but for others on the road, too.

nsc.org/ddmonth

[#takebackyourdrive](https://twitter.com/takebackyourdrive)

**Take
back
your
drive**