



NSC First Aid CPR & AED Online



 **OSHA says ...**

OSHA's
interpretation
of acceptable
online training*

**Q: Does OSHA
consider**

computer-based training
without a hands-on skill
component or verification of
competent skill performance
acceptable for meeting basic
first aid and CPR requirements of
OSHA First Aid Standards?

A: Online training alone would
not meet the requirements
of these training standards. These
standards require training
in physical skills, such as
bandaging or CPR. The only
way these skills can be learned
is by physically practicing them.

National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143-3201
(800) 621-7619
nsc.org

Do your employees have the skills needed to respond?

The **NSC First Aid, CPR & AED Online** course has been designed using extensive research and educational testing to improve skill mastery and retention. The knowledge portion of the classroom courses are taught in a clear, easy-to-understand format.

Course includes these features, proven to enhance retention:

- Animation
- Video
- Interactive user exercises
- Real-world simulations

To receive an OSHA-compliant NSC Course Completion Card, students must successfully complete skills testing performed by an authorized NSC Skill Tester.†

Who must be trained?

All employees in all industries fall into one of three categories of training need as defined by the **OSHA Workplace First Aid Standard:**

1. In the most dangerous jobs where medical emergencies require immediate emergency response, a trained first aid responder must be present
2. In jobs where accidents resulting in suffocation, severe bleeding, or other life threatening injury or illness can reasonably be expected, a trained first aid responder must be present **if professional response time exceeds 3-4 minutes**
3. For jobs where a life threatening injury is an unlikely outcome, a trained first aid responder must be present **if professional response time exceeds 15-minutes**

As an employer, you have no way of knowing what type of injuries may occur.



NSC BEST PRACTICE!

NSC recommend a 3-4 minute response time for all emergencies.

* OSHA interpretation letter, August, 2012

† Additional fee may be required for the 90-minute skills testing session. (test time is approximate)