



Classroom or online course available

NSC First Aid, CPR & AED

Be prepared – be compliant

All organizations, regardless of industry or number of employees, must comply with OSHA requirements to protect the lives and health of their employees – and to avoid costly fines and increased insurance premiums. **NSC First Aid, CPR & AED** provides the training that organizations trust to give their employees the lifesaving skills they need to respond correctly during a medical emergency. **Remember** – NSC courses are always all-inclusive. You'll never pay additional fees to receive the nationally recognized NSC Course Completion Card!

Meets current CPR and ECC Guidelines. Also meets OSHA requirements for first aid training in the workplace.

Course content

- Acting in an emergency
- Preventing disease transmission
- Checking the victim
- Basic life support
- Recovery position
- Choking
- Heart attack and chest pain
- Bleeding and wound care
- Shock
- Burns
- Serious injuries
- Bone, joint and muscle injuries
- Sudden illness
- Allergic reactions
- Poisoning
- Cold and heat emergencies
- Rescuing and moving victims

Course materials

Instructor Resource Kit

- Instructor Manual and CD
- Instructor DVD
- Instructional DVD on how to set up the classroom
- Instructor Resource CD with administrative documents
- Student Workbook with NSC First Aid Quick Guide and NSC First Aid, CPR & AED DVD

Student Workbook

- Full-color photographs, illustrations and skills demonstrations
- NSC First Aid Quick Guide
- Course DVD
- Nationally recognized course completion cards

OSHA compliant



Highlights of

OSHA First Aid Standard 29 CFR 1910.151

In the absence of an infirmary, clinic or hospital in close proximity to the workplace a person or persons shall be adequately trained to render first aid

The employer shall ensure the ready availability of medical personnel



National Safety Council
1121 SPRING LAKE DRIVE
ITASCA, IL 60143-3201
(800) 621-7619
NSC.ORG