



Sharing the Roads Safely: Distracted Driver QUIZ

1. Which of the following is considered a cognitive distraction?

- a. Thinking about what happened at work
- b. Talking to others
- c. Looking at things outside the vehicle
- d. A and B only
- e. All the above

2. Something that causes drivers to take their hands off the wheel such as talking on a cell phone, caring for a child, eating and grooming is considered what type of distraction.

- a. Manual
- b. Visual
- c. Cognitive
- d. None of the above

3. Signs of a distracted driver include:

- a. Driving below the posted speed limit
- b. Talking on their cell phone
- c. Not stopping at a stop sign
- d. Reaching for something inside the vehicle
- e. All the above

4. Ways to be a focused driver include:

- a. Adjusting vehicle controls such as mirrors, seat, radio and air temperature controls before you start driving
- b. Carefully eating and drinking while driving
- c. Planning ahead to determine routes, directions and checking traffic conditions before you leave
- d. A and C only
- e. All the above

5. Safe driving practices require you to constantly search the roadway ahead for situations that could require you to take quick action.

- a. True
- b. False

Information courtesy of NSC Driver Safety Training