



5-minute safety talk

Terrorism

BIOLOGICAL THREATS: STEPS TO TAKE

1. Quickly move away from the substance.
2. Protect yourself by covering up your mouth and nose with fabric, tissues or paper towels that still allow for breathing.
3. Isolate the area until emergency personnel arrive.
4. Follow directions from emergency personnel regarding decontaminating your body and clothing and getting medical attention.

CHEMICAL THREATS: STEPS TO TAKE

1. Quickly move away from the substance.
2. Follow directions from emergency personnel regarding evacuating or sheltering in place.
3. Isolate the area until emergency personnel arrive.
4. If you evacuate, stay clear of the affected area to exit the building.
5. Follow directions from emergency personnel regarding decontaminating your body and clothing and getting medical attention.

CYBER ATTACKS: STEPS TO TAKE

1. Notice possible signs of a cyber attack – a slowed-down operating system or Internet connection, unavailable applications, pop-up windows, error messages, system crashes, performance issues, messages or programs that start on their own and other computer changes.
2. Shut your computer down.
3. Contact your IT department or network administrator immediately.
4. Describe the situation and follow their directions.

EXPLOSIONS: STEPS TO TAKE

1. If building materials and contents are falling, move under a sturdy item such as a table or desk until things stop falling.
2. Move quickly, but keep low if there is smoke.
3. Cover your nose and mouth with whatever you have such as fabric, tissues or paper towels.
4. Leave the building through an exit route, and move as far away as possible from it.
5. Do not take an elevator, only use the stairs.
6. Once outside, keep away from windows and glass panes.
7. If trapped in the building, signal rescuers in any way you can such as with tapping, a flashlight or a whistle.
8. Limit shouting and extra movement that could stir up dust that is dangerous to inhale.



Visit [nsc.org/members](https://www.nsc.org/members)
for more safety tips