



SAFETY: it takes all of us



QUIZ CORNER

Summer Safety

1. Before you head outside, you should always wear sunscreen with an SPF of at least:
 - a. 5
 - b. 8
 - c. 10
 - d. 15
2. _____ accounts for about 3.3 million emergency room visits a year in the United States.
 - a. Chest pain
 - b. Overexertion
 - c. Abdominal discomfort
3. *True or False:* If heat stress goes untreated, it can quickly lead to heat stroke—a life-threatening condition.
4. The blades on a lawnmower can reach speeds up to:
 - a. 50 mph
 - b. 100 mph
 - c. 200 mph
 - d. 300 mph
5. *True or False:* Before participating in outdoor activities in the summer, you should eat a large and hearty meal.

NATIONAL
SAFETY
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ANSWER KEY

1. D
2. B
3. True
4. C
5. False