



# CDC Briefing for Businesses on Current Flu Emergency



## CDC Presenters:

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# Websites With Frequently Updated Information:

- ✓ <http://www.cdc.gov/h1n1flu>
- ✓ <http://www.pandemicflu.gov>
- ✓ <http://alerts.nsc.org>

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# Six Things Businesses Should Do:



1. Connect with public health officials in your area. Monitor <http://www.cdc.gov/h1n1flu/> closely and local conditions.
2. Review CDC guidelines.
3. Advise all sick employees to stay home from work for 7 days or until symptoms have resolved for 24 hours, whichever is longer.
4. Examine your sick leave policies and consider developing an emergency sick leave policy that will align with public health recommendations (sick people stay home)
5. Identify essential workers. Make contingency plans in case those workers become ill and have to stay home.
6. Promote hand washing and other good health habits.



# Five Things Families Can Do:



1. Take everyday precautions to stay healthy.
2. Be prepared for potential school or child care center closure.
3. Know how to care for sick family members.
4. Try to avoid sick people.
5. Stock up on food and essential supplies next time you're at the grocery store.



# Everyday Health Habits



- ✓ Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- ✓ Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- ✓ Try to avoid close contact with sick people.
- ✓ If you get sick, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.
- ✓ Avoid touching your eyes, nose or mouth. Germs spread that way.

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# Pandemic Flu Planning Checklists



- ✓ <http://www.pandemicflu.gov/plan/workplaceplanning/businesschecklist.html>
- ✓ <http://www.pandemicflu.gov/plan/individual/checklist.html>

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# CDC Education Resources



## ✓ Audio and Video

– <http://www.cdc.gov/h1n1flu/audiovideo.htm>

## ✓ Social Media

– <http://www.cdc.gov/socialmedia/>

## ✓ Widgets

– <http://www.cdc.gov/widgets/>



# CDC Communications



- Updates through CDC Business Partnerships with National Safety Council, National Business Group on Health and National Business Coalition on Health.
- <http://alerts.nsc.org> and the NSC Emergency Alert Network sends updated alerts to NSC members.

