



Instructor-led  
classroom course

# Safety Training Methods (STM)

## Strengthen your safety training skills

Safety Training Methods meets the criteria of ANSI/ASSE Z490.1-2009 for accepted practices in environmental training, health and safety. This one course touches all the issues you'll likely face as a safety trainer, and you'll learn techniques from the leaders in safety training.

### What you will learn

- Setting realistic expectations for employees
- Understanding how to connect with employees by addressing different learning styles
- Identifying training and non-training solutions for safety and health issues in your workplace
- Calculating direct and indirect training costs for more effective budgeting
- Measuring the success of your safety training program using proven methods
- Developing your presentation skills to build your self-confidence as a trainer
- Applying newly learned concepts to a variety of safety and health training scenarios
- Discussing training issues and sharing solutions with other safety professionals
- Designing a custom safety training program for your organization

### Course description

This course gives you the tools to create or select training programs that truly engage employees and improve your organization's safety performance. In four days you'll learn how to make educated decisions about the safety training needs of your workforce. You'll cover needs analysis, performance objectives, instructional strategy and methods, content, delivery evaluation and costs. Plus, the course will help you prepare for the certified safety professional exam.

### Course materials

- Participant Guide

### Who would benefit

- Managers
- Supervisors
- Human resources
- Professionals or anyone responsible for planning, developing or delivering safety training

### \* Continuing Education Unit

A Continuing Education Unit (CEU) is a measure of participation in a recognized continuing education program with qualified instruction and sponsorship. CEU records are widely used to provide evidence of completion of continuing education requirements mandated by certification bodies, professional societies or government licensing boards.



4 days

2.6 CEUs\*

This course counts  
toward earning the  
NSC Advanced Safety  
Certificate (ASC)

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