



Operating Procedures	Safe Method	At-Risk Method
Body Positioning/Protecting Positioning/protecting body parts (e.g., avoiding line of fire, using PPE, equipment guards, barricades, etc.)		
Visual Focusing Eyes and attention devoted to ongoing task(s)		
Communicating Verbal or nonverbal interaction that affects safety		
Pacing of Work Rate of ongoing work (e.g., spacing breaks appropriately, rushing)		
Moving Objects Body mechanics while lifting, pushing/pulling		
Complying with Lockout/Tagout Following procedures for lockout/tagout		
Complying with Permits Obtaining, then complying with permit(s) (e.g., confined space entry, hot work, excavation, open line, hot tap, etc.)		

Figure 3-10. A tool to facilitate defining target behaviors in a BBS “DO IT” process. *Source: Courtesy of Make-A-Difference, LLC.*