



# DEFENSIVE DRIVING

## Defensive Driving Course (DDC) – Attitudinal Dynamics of Driving, 3rd Edition

INTERNATIONAL



*This program helps problem drivers make a direct connection between their attitude and behavior on the road.*

### **The National Safety Council® Attitudinal Dynamics of Driving course helps participants focus on making better driving choices and understand the consequences of those decisions.**

Statistics indicate that driver error causes 70% of all motor vehicle collisions. Problem drivers may lack safe driving skills, but most often it is their attitude that leads to dangerous driving behaviors. This program helps problem drivers make a direct connection between their attitude and behavior behind the wheel.

### **Course description**

Attitudinal Dynamics of Driving focuses on creating a new driver mindset, since improving a person's attitude is the first step in changing unsafe driving behavior. Compelling videos challenge drivers not to make excuses and convinces them that the choices they make may result in serious financial, legal and personal costs. This course opens up dialogue so that participants can identify their expectations, ask questions, share their opinions and join a group discussion in a non-judgmental environment.

### **What participants learn**

- How attitude affects on-the-road decision making
- Updated research on impaired driving and its impact on driving decisions
- A complete self-assessment profile showing how personal needs shape driving decisions
- Approaches toward changing driving behavior and developing plans to make those changes

### **Who would benefit from this course**

Drivers with excessive driving violations, or organizations who need to retrain drivers with poor driving records

### **Become a DDC training partner**

We offer DDC Instructor Development Courses at your facility where our "Master Trainers" can train your qualified training candidates. Alternatively, we can train your team at the National Safety Council headquarters or at many Chapter offices in the United States.

### **Course materials**

#### **Instructor Certification Package**

- Fully scripted Instructor Manual
- Updated facilitation methods
- 48-page Participant Course Guide
- Universal certification card
- Teaching DDC Candidate Instructor Guide
- First year of instructor certification which includes a subscription to *Traffic Safety®*, *Driver Trainer Safety+Health®* and *Injury Facts®* CD

#### **Teaching Kit**

- 3 new DVD video sessions: "Taking Responsibility," "Daily Decisions," "Life-long Consequences"
- Instructor PowerPoint® on CD
- Allows instructors to include company-specific equipment or issues and policies



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NSC® course materials are available in multiple languages. Contact us to learn more about the steps to become a NSC-certified training instructor or to learn how we can deliver this proven safety program to your organization.