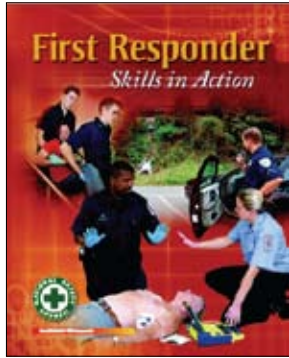




# FIRST AID

## First Responder Skills in Action

INTERNATIONAL



**First Responder  
Instructor Resource Kit**  
Product #73088-0000

**First Responder  
Student Manual with  
Pocket Guide**  
Product #73091-0024K

**First Responder  
Pocket Guide**  
Product #73115-0000

The National Safety Council® First Responder Skills in Action training is the most authoritative first aid teaching and learning program available. It clearly demonstrates how to administer effective first aid and basic life support when no specialized equipment is available, and how to offer key assistance to professionals on the scene.

**If you want to be a first responder, no one can prepare you for emergencies better than the National Safety Council!** This program is designed to give you up to 40 hours of interactive training from fully qualified instructors.

You'll learn what it takes to be a first responder, how the human body works, and how to lift and move patients safely. You'll also learn about legal and ethical issues relating to first aid.

### Course content includes

- Patient assessment
- Airway and breathing emergencies, ventilation devices and oxygen
- Cardiac emergencies, CPR and automated external defibrillation (AED)
- Illness and injury, including medical emergencies, bleeding and shock, soft tissue injuries, muscle and bone injuries, and head and spine injuries
- Childbirth, and assisting infants and children

The program also covers EMS response and operations, and addresses mass-casualty incidents and triage. You'll get a detailed student manual with hundreds of full color photos as well as our First Responder Pocket Guide, a valuable reference tool for easy access to vital emergency procedures.

**You can teach First Responder Skills in Action** if you hold current National Safety Council first aid instructor or instructor training trainer credentials along with current first responder, EMT or paramedic credentials. If you hold teaching credentials with an agency other than the National Safety Council, we'll grandfather you in.

### Your Instructor Resource Kit contains

- CD with the Instructor Resource Manual and 1,000 PowerPoint® slides
- 800-question test bank and student exams
- A print version of the Instructor Resource Manual with lesson plans, teaching strategies, DOT skill sheets, supplemental information and extra scenarios
- Basic Life Support: Healthcare and Professional Rescuers DVD, using the proven-effective Video-Self-Instruction method of teaching CPR
- First Responder Skills DVD, featuring dramatic real-life emergencies
- 120-page First Responder Pocket Guide – a great resource for quick procedural review
- Access to an exclusive Website for NSC first responders that offers DOT skill sheets, practice tests for state exams, flash cards and more

All NSC® instructors also have access to our First Aid Instructor Portal, an exclusive online resource with downloadable promotions, administrative documents, course outlines, state-by-state approvals, product previews, trade show listings and more. Visit [emergencycare.nsc.org](http://emergencycare.nsc.org).

Contact NSC at **+1 (630) 775-2056** or visit [nsc.org/international](http://nsc.org/international) for more details.



National Safety Council  
1121 Spring Lake Drive  
Itasca, IL 60143 U.S.A.  
+1 (630) 775-2056  
[nsc.org/international](http://nsc.org/international)