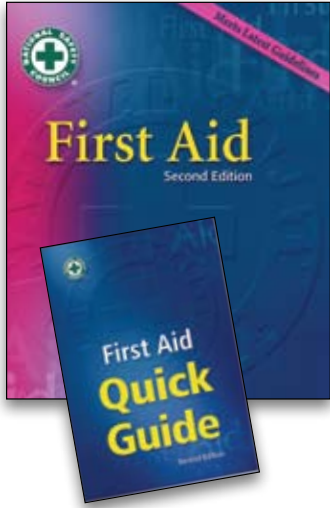




EMERGENCY CARE

First Aid, Second Edition Instructor-led Classroom Course



Become an Authorized NSC Instructor

If you have previous emergency care training experience, you can likely be grandfathered in as an authorized NSC instructor.



National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143 U.S.A.
(800) 621-7619
nsc.org

Acquire and retain the skills to handle any emergency

Not every injury or sudden illness is life threatening. But immediate action can mean the difference between a quick, complete recovery and a long, painful one. This course teaches how to care for an injury or illness until professional help arrives.

If you want first aid training, go with the industry leader. We give you all the background information you need to feel confident in the event of an emergency — and help you save a life.

What you'll learn:

- Taking action in an emergency
- Shock
- Serious injuries
- Sudden illness
- Heat and cold emergencies
- Bleeding and wound care
- Burns
- Bone, joint and muscle injuries
- Poisoning
- Rescuing and moving victims

Course description:

Situations requiring first aid can occur every day at work, in the home and in the community. Our instructor materials make it easy for anyone to start teaching this 3 1/2-hour course. First Aid is taught using a combination of instructor, "Watch-Then-Practice" and hands-on training.

Course materials:

Student Workbook

- 64 pages with illustrations, step-by-step full-color photographs and skill presentations
- First Aid Quick Guide
- Nationally recognized course completion card

Who would benefit:

- Emergency response teams
- Safety personnel
- Supervisors
- General public



First Aid Skills Card

Eight-panel, full-color, laminated card provides a convenient quick review of first aid skills for adults. It's a perfect addition to a first aid kit, as an informational handout to employees, or it can be used for refresher training.

Topics include:

- Checking the victim
- Controlling external bleeding
- Cold- and heat-related illness
- Head and spinal injuries
- Seizure
- Shock
- Burn care

For more information on all our emergency care training options, visit nsc.org/train/ec, call **(800) 621-7619** or contact your local NSC Chapter.