

# New Jersey Graduated Driver Licensing

Car crashes continue to be the [number one cause of preventable death](#) for U.S. teenagers and driver inexperience is the root cause of these tragedies. NSC believes in the importance of parental involvement to keep new drivers safe and [DriveitHOME.org](#) is a free resource to help parents and caregivers get started. The program covers major risk factors for new drivers and offers solutions – from a parent-teen driving agreement to weekly driving lessons – all built around Graduated Driver Licensing (GDL).

## Graduated Driver Licensing (GDL)

GDL is a national strategy to help young drivers slowly and safely get experience behind the wheel before having full driving privileges. This process typically begins with an initial learner's permit, then an intermediate or provisional license phase, and then finally full licensure.

While the specifics of GDL laws vary between states, they often have restrictions on passenger limits and nighttime driving to help keep our most vulnerable drivers safe. Crucially, they all rely on teens getting plenty of practice time behind the wheel with a responsible parent or caregiver. For more information or to learn about each state's GDL laws, visit [DriveitHOME.org](#).

New Jersey Laws	
Learner Stage	<ul style="list-style-type: none"><li>• Must be at least 16 years old</li><li>• Six-month mandatory holding period</li></ul>
Intermediate Stage	<ul style="list-style-type: none"><li>• Must be at least 17 years old</li><li>• Nighttime driving restriction: 11 p.m. to 5 a.m.</li><li>• No more than one passenger, exception is limited to drivers' dependents</li></ul>
Full Privilege Stage	<ul style="list-style-type: none"><li>• Nighttime driving restrictions are lifted after one year or until age 21</li><li>• Passenger restrictions are lifted after one year of intermediate practice or until the driver turns 21</li></ul>

Source: Insurance Institute for Highway Safety (IIHS)