# NSC First Aid Training At-a-Glance

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<th>COURSES</th>
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| NSC First Aid, CPR & AED (also available in Spanish)  | Meets OSHA requirements and follows 2015 CPR and ECC Guidelines | Emergency response teams, safety personnel, supervisors, individuals requiring certification, general public | • Breathing and cardiac emergencies in adults, children and infants  
• Identifying and caring for bleeding, sudden illness and injuries  
• Preventing disease transmission  
• Allergic reactions | 5 – 5.3 |
| NSC First Aid, CPR & AED Online                       | Meets OSHA requirements                          | Individuals who may come in contact with infectious materials as part of their job as responders, health care professionals, lab technicians, dentists, dental hygienists, fire, police, ambulance, EMS | • Disease transmission  
• Prevention  
• Universal precautions  
• Exposure control  
• Labeling  
• Exposure determination  
• Influenza pandemic | 4.5 |
| NSC Bloodborne & Airborne Pathogens                   | Meets OSHA requirements                          | Emergency response teams, safety personnel, supervisors, general public                              | • Bone, joint and muscle injuries  
• Choking  
• Identifying and caring for bleeding, sudden illness and injuries  
• Preventing disease transmission | 3.7 |
| NSC Bloodborne & Airborne Pathogens Online            | Meets OSHA requirements                          | Emergency response teams, safety personnel, supervisors, general public                              | • Breathing and cardiac emergencies in adults, children and infants  
• Heart disease prevention  
• Patient assessment  
• CPR integration  
• AED application  
• Protocol adherence | 2.2-2.5 |
| NSC CPR & AED                                         | Meets 2015 CPR and ECC Guidelines                | Emergency response teams, safety personnel, supervisors, fire, police, ambulance, athletic trainers, airline employees, lifeguards | • Breathing and cardiac emergencies in adults, children and infants  
• Identifying and caring for bleeding, sudden illness and injuries  
• Preventing disease transmission | 16-40 |
| NSC Pediatric First Aid, CPR & AED                    | Meets first aid and CPR requirements of all 50 states | Emergency response teams, safety personnel, supervisors, general public                              | • Breathing and cardiac emergencies in infants and children  
• Identifying and caring for common age-related injuries  
• Preventing childhood injuries | 1.5 |
| NSC First Aid                                         | Meets 2015 CPR and ECC Guidelines                | Emergency response teams, safety personnel, supervisors, general public                              | • Breathing and cardiac emergencies in adults, children and infants  
• Heart disease prevention  
• Patient assessment  
• CPR integration  
• AED application  
• Protocol adherence | 2+ |
| NSC Advanced First Aid, CPR & AED                     | Meets first aid and CPR requirements of all 50 states | Emergency response teams, safety personnel, supervisors, general public                              | • Breathing and cardiac emergencies in adults, children and infants  
• Bleeding and shock, sudden illness and injuries  
• Special situations  
• Natural disasters | 5.5-7 |
| NSC Emergency Medical Response                        | Meets the NHTSA National EMS Education Standards | Emergency response teams, safety personnel, fire, police, ambulance, EMS, health care professionals, athletic trainers, security officers | • Breathing and cardiac emergencies in adults, children and infants  
• Identifying and caring for bleeding, sudden illness and injuries  
• Preventing disease transmission  
• Oxygen administration and AED | 40-52 |
| NSC Basic Life Support for Health Care & professional rescuers | Meets 2015 CPR and ECC Guidelines                | Emergency response teams, safety personnel, fire, police, ambulance, EMS, athletic trainers, lifeguards | • Breathing and cardiac emergencies in adults, children and infants  
• Two-rescuer CPR  
• Using suctioning devices, airway adjuncts and masks including bag-valve | 4.4-5 |