COVID-19 and the workplace: Implications for fatigue

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cdc.gov/coronavirus

References

CDC/NIOSH Resources

- Interim Guidance for Businesses and Employers Responding to Coronavirus Disease 2019  

Science Blogs:

- Managing fatigue during times of crisis: Guidance for Healthcare Workers 
- Work-related Fatigue Reaches Beyond the Workplace 

Fact Sheets:

- Healthcare Personnel and First Responders: How to Cope with Stress and Build Resilience During the COVID-19 Pandemic 
- Employees: How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic 
- What workers and employers can do to manage workplace fatigue during COVID-19 
Other Resources

- Federal Motor Carriers Safety Administration Hours of Service Emergency Declaration
  www.fmcsa.dot.gov/COVID-19

- COVID-19 Impacts on the Trucking Industry
  https://truckingresearch.org/2020/05/05/covid-19-impacts-on-the-trucking-industry/


- Federal Motor Carriers Safety Administration Hours of Service Final Rule
  https://www.fmcsa.dot.gov/regulations/hours-service/hours-service-drivers-final-rule
