International Overdose Awareness Day is a global event held August 31 each year to remember those gone too soon from overdose deaths.

Make a Difference on

What can you do?

- Hold a candlelight vigil
- Offer an educational program, such as one related to preventing opioid use, in partnership with a local organization
- Provide a safe space for telling the stories of overdose victims
- Offer a large canvas and washable paint for survivors to add a handprint in memory of their loved one
- Display empty hats or shoes to represent the number of lives lost in the community
- Use the NSC Community Action Kit as a planning guide
- Become a Safety Ambassador by hosting a community fundraising event
- Access the NSC Facebook page to get a purple frame for your Facebook profile image, available August 20
- Share the NSC Facebook Live virtual candlelight vigil on August 30
- Add the name of a loved one who died of an opioid overdose to the Celebrating Lost Loved Ones map
- Purchase or create purple wristbands, pins, shirts or other items and wear them on August 31
- Research state and federal legislation that addresses opioid overdose prevention, and write to your representative
- Support NSC efforts to end the opioid epidemic by making a gift in honor of a loved one

International Overdose Awareness Day is a time to remember and a time to act.