How to Drive in Rush Hour

Everyone hates driving in rush hour, but it is something teens will have to contend with eventually. Better to practice with an adult in the car rather than experience it on their own for the first time.

1. Basic rules for driving in rush hour

- The first rule is: Don’t let boredom or rage trigger a rush-hour accident. Patience is thin and tempers occasionally flare because nobody wants to be where they are—stuck in slow-moving traffic.
- Don’t box in your vehicle between others. Leave yourself a way out.
- Be prepared for other drivers to change lanes suddenly.
- Make sure to use the three-second rule. Be prepared for cars in front of you to stop suddenly; be alert so you can avoid rear-ending the vehicle in front of you.