Be Ready for a Workplace Emergency

National Safety Council



Workplace First Aid Training Courses

First Aid Supplies





Teach others to save lives

See inside for details

First Aid – EVERY second counts!

In an emergency, someone who is not breathing can suffer brain damage in just 4 minutes, and brain death in just 8 to 10 minutes. EMS could take 10 minutes or more to arrive.

That's why it is critical to have on-site employees trained in first aid to respond quickly. In fact, OSHA requires it if you're not near a health clinic or hospital.

In 2020 alone, 65 million days were lost due to work injuries, costing $53.9 billion in wage and productivity losses. And more than 4,100 workers died on the job due to preventable workplace injuries.*

The National Safety Council is a recognized OSHA provider and leader in first aid education. For decades, we've helped organizations train and prepare their employees for emergency situations.



Learn first aid training from the experts

Why NSC?

The training you provide today could save a life tomorrow. By partnering with NSC, you know employees are receiving the most up-to-date knowledge and the latest life-saving techniques.

NSC First Aid courses are:

- The only nationally recognized program to exceed OSHA best practices for first aid
- Less expensive than other major providers, and NEW digital options are now even more affordable
- Innovative, offering a highly interactive classroom experience
- Updated with the 2020 CPR, ECC and First Aid guidelines
- Unique, providing a blended option with eLearning and classroom portions to reduce time, increase engagement and save money
- Enhanced with over 100 industry specific training scenarios designed especially for the workplace

Most courses include naloxone training

Every NSC First Aid program has additional bonus content that goes above and beyond the CPR, ECC and First Aid guideline requirements.



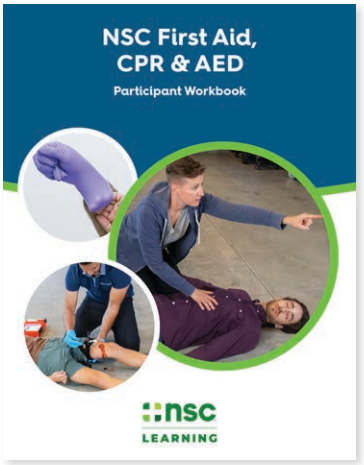
NSC First Aid training is versatile so your staff can take courses nearly anywhere. **See page 9 for training options.**

** InjuryFacts.nsc.org*

Be prepared to respond quickly in an emergency

NSC First Aid, CPR & AED

Many lives have been saved as a result of first aid training. NSC First Aid, CPR & AED is taught in a dynamic hands-on way with industry-leading curriculum. This program is available in the classroom or online, and is customizable to your industry.



You will learn how to:

- Recognize and take action in a medical emergency
- Handle breathing and cardiac emergencies
- Sustain life until professional help arrives
- Prevent disease transmission
- Care for bleeding wounds, sudden illness and injuries

Meets current ECC/CPR Guidelines

Includes naloxone training

Who would benefit from taking this course?
Employees and safety professionals in all industries, but especially in construction, manufacturing, transportation, warehouses and utilities. Also, organizations who have compliance requirements.

Training length 5.5 – 5.8 hours (Up to 150 minutes of bonus content included)	**Volume discount pricing available**

PRODUCT	PRODUCT#	SPANISH PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC FIRST AID, CPR & AED INSTRUCTOR RESOURCE KIT	79200-0000	79300-0000	1+	$192.00	$240.00
NSC FIRST AID, CPR & AED INSTRUCTOR RESOURCE EKIT	79200-0099	79300-0099	1+	$176.00	$220.00
NSC FIRST AID, CPR & AED PARTICIPANT WORKBOOK	79200-0025	79300-0025	1+	$24.95	$31.95
NSC FIRST AID, CPR & AED ELEARNING	44410-0000	44411-0000	1+	$23.95	$29.95
NSC FIRST AID, CPR & AED E-PARTICIPANT WORKBOOK	79200-0020	79300-0020	1+	$19.95	$26.95
NSC FIRST AID, CPR & AED WITH BLOODBORNE & AIRBORNE PATHOGENS PARTICIPANT PACKAGE	79210-0025	79310-0025	1+	$29.95	$36.95
NSC FIRST AID, CPR & AED WITH BLOODBORNE & AIRBORNE PATHOGENS E-PARTICIPANT PACKAGE	79210-0020	79310-0020	1+	$24.95	$31.95

Join now and save! nsc.org/join



CPR Wrap Adult
Be ready to save a life. The Step-by-Step instructions walk you through the keys to performing CPR. Sanitary one-way mouthpiece protects you from bodily fluids. Simple illustrations tell you exactly where to place your hands.

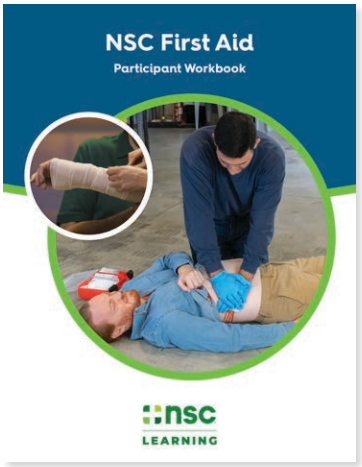
19122-0000
(M) $9.50 (NM) $12.00

Shop additional selection of supplies at **nsc.org/shop/First-aid**

Provide employees with life-saving training

NSC First Aid

More than 90% of employees would take first aid training if it was offered by their employer. Employees are often on the "front line" of an emergency situation. NSC First Aid teaches participants to recognize everyday medical emergencies and provide immediate care until professional help arrives.



You will learn how to:

- Control bleeding
- Care for injuries, wounds and burns
- Treat life-threatening poisoning or choking situations
- Address sudden illness
- Rescue and move victims

Meets current ECC/CPR Guidelines

Includes naloxone training

Who would benefit from taking this course?

Retail and school staff, delivery drivers, community volunteers and others who frequently deal with the public.

Training length 4.16 – 5.9 hours (105 min of bonus content included)	**Volume discount pricing available**

PRODUCT	PRODUCT#	SPANISH PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC FIRST AID INSTRUCTOR RESOURCE KIT	79220-0000	79320-0000	1+	$192.00	$240.00
NSC FIRST AID INSTRUCTOR RESOURCE EKIT	79220-0099	79320-0099	1+	$176.00	$220.00
NSC FIRST AID ELEARNING	44412-0000	44413-0000	1+	$23.95	$29.95
NSC FIRST AID PARTICIPANT WORKBOOK	79225-0025	79325-0025	1+	$24.95	$31.95
NSC FIRST AID E-PARTICIPANT WORKBOOK	79220-0020	79320-0020	1+	$19.95	$26.95



First Aid Kit - Portable
NSC's Weatherproof First Aid Kits are ANSI 2021 compliant.

First Aid Kit Class A Portable - ANSI 2021
73360-0025
(M) $32.95 (NM) $41.95

First Aid Kit Class B Portable - ANSI 2021
73360-0050
(M) $76.00 (NM) $95.00



First Aid Kit Metal Cabinet
Stocked with a large variety of quality first aid products catering to all common injuries.

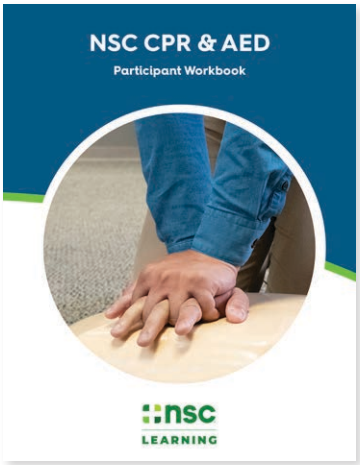
ANSI Class A 3-shelf
73360-0100
(M) $188.00 (NM) $235.00

ANSI Class B 4 shelf
73360-0150
(M) $268.00 (NM) $335.00

Shop additional selection of supplies at **nsc.org/shop/First-Aid**

Act quickly in emergencies

NSC CPR & AED



Survival rates double when an AED is combined with CPR. NSC CPR & AED prepares participants to respond to a medical emergency.

You will learn how to:

- Take action in a medical emergency
- Assess the victim
- Provide basic life support, including airway management, breathing and circulation
- Use an AED

Meets current ECC/CPR Guidelines

Includes naloxone training

Who would benefit from taking this course?
Employees within all industries including shift supervisors, front-line workers, facility safety personnel, staff in medical settings and care giving roles, fitness trainers, athletic organizations or clubs, and first responders.

Training length 3-3.3 hours (45 min of bonus content included)	**Volume discount pricing available**

PRODUCT	PRODUCT#	SPANISH PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC CPR & AED INSTRUCTOR RESOURCE KIT	79230-0000	79330-0000	1+	$192.00	$240.00
NSC CPR & AED INSTRUCTOR RESOURCE EKIT	79230-0099	79330-0099	1+	$176.00	$220.00
NSC CPR & AED ELEARNING	44414-0000	44415-0000	1+	$23.95	$29.95
NSC CPR & AED PARTICIPANT WORKBOOK	79235-0025	79335-0025	1+	$24.95	$31.95
NSC CPR & AED E-PARTICIPANT WORKBOOK	79230-0020	79330-0020	1+	$19.95	$26.95



Prestan Adult Manikins - set of 4
These manikins feature a CPR rate monitor that provides visual feedback for compression rate. This enables students to gauge the rate and depth of compressions, and allows the instructor to monitor several students quickly and easily.

4 pack
73127-0000
(M) $690.00 (NM) $745.00



Brayden/OBI CPR Manikin
These manikins use animated LED lights under the skin to help students see the effect their CPR Compression Depth, Speed and Recoil has as the red LED lights respond to the quality of their technique. OBI Conversion Kits available for purchase online.

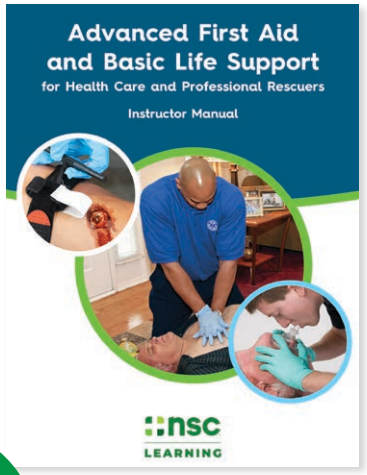
Brayden
19197-0000
(M) $495.00 (NM) $545.00

OBI
19197-5000
(M) $495.00 (NM) $545.00

Shop additional and replacement supplies at **nsc.org/shop/first-aid**

Train on-staff responders to address emergencies

NSC Advanced First Aid, and Basic Life Support for Health Care & Professional Rescuers



OSHA mandates a trained first responder must be present in high-risk industries where medical emergencies require immediate emergency response. Our comprehensive advanced course will help your students recognize and act competently and confidently in an emergency situation.

You will learn:

- Basic life support training commonly taught to health care and rescue professionals
- How to control bleeding and manage shock
- How to care for injuries and medical emergencies
- Steps to reduce the risk of injuries and illnesses
- Special situations like behavioral emergencies, pregnancy and childbirth
- Remote-location first aid

Who would benefit from taking this course?

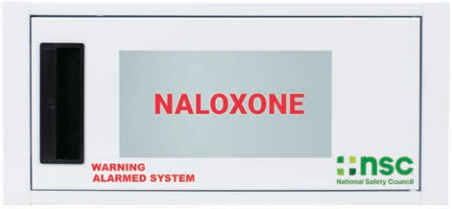
Employees in high-risk industries, emergency medical technicians, paramedics, advanced emergency medical technicians, college students, vocational school programs like HOSA and college health care professional programs including athletic training, nursing.

Now Meets current ECC/CPR Guidelines

Includes naloxone training

Training length 40 hours	Volume discount pricing available

PRODUCT	PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC ADVANCED FIRST AID, AND BASIC LIFE SUPPORT FOR HEALTH CARE AND PROFESSIONAL RESCUERS INSTRUCTOR RESOURCE EKIT	79250-0099	1+	$228.00	$285.00
NSC ADVANCED FIRST AID, AND BASIC LIFE SUPPORT FOR HEALTH CARE AND PROFESSIONAL RESCUERS PARTICIPANT TEXTBOOK	79250-0025	1+	$99.95	$124.95
NSC ADVANCED FIRST AID, AND BASIC LIFE SUPPORT FOR HEALTH CARE AND PROFESSIONAL RESCUERS E-PARTICIPANT TEXTBOOK	79250-0020	1+	$94.95	$119.95



Emergency Supply Cabinet

This large alarmed emergency cabinet is perfect for storing naloxone, bleeding control kits, epi-pens or other emergency supplies.

7330-60010
(M) $88.00 (NM) $110.00



Compact First Aid Kit

The Compact First Aid Kit is perfect for office, those on the road, and remote workers. This hard plastic kit will fit well in a work vehicle, office space, and home office to meet first aid needs.

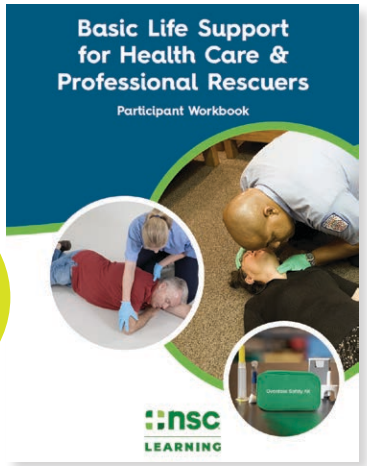
73360-0000
(M) $20.79 (NM) $25.99

Shop additional selection of supplies at **nsc.org/shop/first-aid**

Get a firm grasp of the critical fundamentals

NSC Basic Life Support

Today's professional responders encounter many challenges, This in-depth course focuses on how to respond quickly and effectively to life-threatening situations.



You will learn:

- The professional rescuer's role in medical emergencies
- How to assess a victim's condition
- Basic life support including rescue breathing, CPR, and use of oral and nasal pharyngeal airways
- How to properly and effectively use an automated external defibrillator (AED)

Now Meets current ECC/CPR Guidelines

Includes naloxone training

Who would benefit from taking this course?

Health care providers, emergency response teams, safety personnel, fire, police, emergency medical technicians, paramedics, advanced emergency medical technicians, athletic trainers and lifeguards.

New training length - 6-8 hours (195 min of bonus content included)	Volume discount pricing available

PRODUCT	PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC BASIC LIFE SUPPORT INSTRUCTOR RESOURCE EKIT (BLS)	7927-00099	1+	$192.00	$240.00
NSC BASIC LIFE SUPPORT PARTICIPANT WORKBOOK	7927-00025	1+	$24.95	$31.95
NSC BASIC LIFE SUPPORT E-PARTICIPANT WORKBOOK	7927-00020	1+	$19.95	$26.95

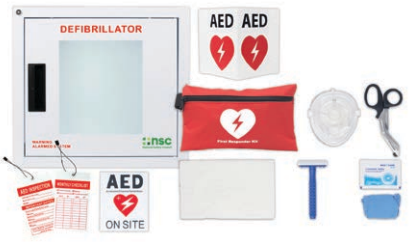


ZOLL AED Plus

Unlike other defibrillators, the ZOLL AED Plus will guide you to the optimal CPR rate & depth by explicitly telling you to "push harder" or "push faster" in real-time.

Fully-Automatic
73315-0000
(M) $1,934.00 (NM) $2,148.00

Semi-Automatic
73314-0000
(M) $1,934.00 (NM) $2,148.00



AED Cabinet Bundle Alarmed

Make life-saving accessories available to first responders and alert bystanders in cardiac emergencies.

73306-0000
(M) $208.00 (NM) $260.00

Join now and save! nsc.org/join

Shop additional selection of supplies at **nsc.org/shop/first-aid**

Ensure safety and compliance

NSC Bloodborne & Airborne Pathogens

OSHA requires employers to safeguard employees who may be exposed to blood or other potentially infectious materials. Knowledge gaps in this area could result in regulatory fines, or worse – injuries or deaths.

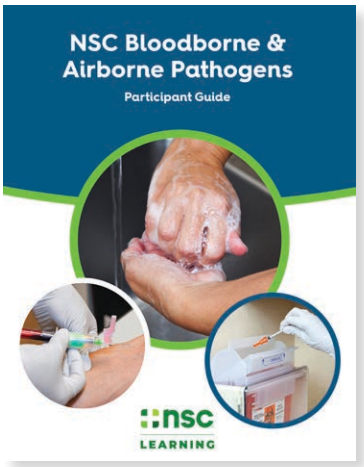
You will learn:

- The fundamentals of bloodborne pathogens
- Essential information on hepatitis viruses and HIV
- How to prevent infection from bloodborne pathogens
- About airborne pathogens, including tuberculosis

Who would benefit from taking this course?

Employees in high-risk industries, college students, athletic trainers, vocational school programs, college health professional programs, emergency medical technicians, paramedics and advanced emergency medical technicians.





Training length 3+ hours (30 min of bonus content included)	**Volume discount pricing available**

PRODUCT	PRODUCT#	SPANISH PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC BLOODBORNE & AIRBORNE PATHOGENS INSTRUCTOR RESOURCE KIT	79240-0000	N/A	1+	$192.00	$240.00
NSC BLOODBORNE & AIRBORNE PATHOGENS INSTRUCTOR RESOURCE EKIT	79240-0099	N/A	1+	$176.00	$220.00
NSC BLOODBORNE & AIRBORNE PATHOGENS PARTICIPANT WORKBOOK	79240-0025	79340-0025	1+	$24.95	$31.95
NSC BLOODBORNE & AIRBORNE PATHOGENS E-PARTICIPANT WORKBOOK	79240-0020	79340-0020	1+	$19.95	$26.95
NSC BLOODBORNE & AIRBORNE PATHOGENS ELEARNING	44416-0000	44417-0000	1+	$23.95	$29.95
AIRBORNE PATHOGENS ONLINE COURSE	44100-6100	N/A	1+	FREE	$19.95



First Aid Burn Kit - Portable

This NSC Burn Kit is loaded with high quality, proven products to relieve the burn and immediately begin the healing process.

73360-0200
(M) $33.00 (NM) $42.00



Bleeding Control Kit

Make sure you're prepared to handle a blood loss emergency. Keep the Bleeding Control Kit Premium in stock at your organization.

73371-5000
(M) $112.00 (NM) $140.00

Shop additional selection of supplies at **nsc.org/shop/first-aid**

Solutions for all your workplace needs

NSC First Aid training is versatile so your staff can take courses nearly anywhere. Training employees? Developing in-house instructors? NSC has courses for that and much more. In fact, NSC courses are designed to be available to employees when they need it, wherever they are located.

Classroom training

Instructor-led classroom courses teach employees how to respond when medical emergencies occur. NSC has thousands of authorized training centers and instructors ready to prepare your workplace to be safe.

eLearning

NSC programs cover all elements of the classroom course. Plus, student and Instructor Development Course eLearnings offer substantial savings for employers and give learners access to high-quality NSC training from the convenience of their office or home.

Blended training

Most First Aid training is available in a blended format, combining the convenience of eLearning with a 2-hour hands-on skills testing session. Employees receive a nationally recognized NSC course completion card when they complete the full course – the KEY to OSHA compliance.

Onsite training

Offered with every course, NSC authorized first aid instructors provide private training to employees at your workplace. It can eliminate the expenses of travel or extra time away from work.

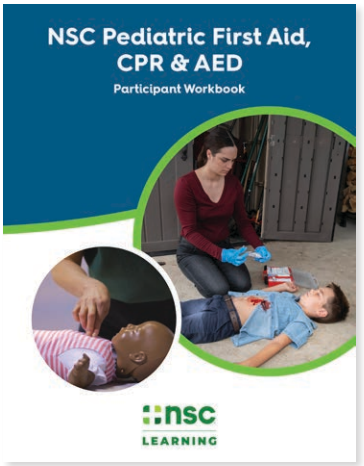
	TRAIN EMPLOYEES	DEVELOP INSTRUCTORS
First Aid, CPR & AED (Pg. 3)	• Classroom • eLearning • Blended • On-site	• Classroom • eLearning • On-site
First Aid, CPR & AED plus Bloodborne/Airborne Pathogens (Pg. 3)	• Classroom • eLearning • Blended • On-site	• Classroom • eLearning • On-site
CPR & AED (Pg. 5)	• Classroom • eLearning • Blended • On-site	• Classroom • eLearning • On-site
First Aid (Pg. 4)	• Classroom • eLearning • Blended • On-site	• Classroom • eLearning • On-site
Bloodborne & Airborne Pathogens (Pg. 8)	• Classroom • eLearning • On-site	• Classroom • eLearning • On-site
Advanced First Aid, and Basic Life Support for Health Care and Professional Rescuers (Pg. 6)	• Classroom • On-site	• Classroom • On-site
Basic Life Support for Health Care & Professional Rescuers (Pg. 7)	• Classroom • On-site	• Classroom • On-site
Pediatric First Aid, CPR & AED (Pg. 10)	• Classroom • On-site	• Classroom • On-site



Join now and save! nsc.org/join

Be prepared for pediatric emergencies

NSC Pediatric First Aid, CPR & AED



Parents and caregivers can play a life-saving role in treating children with injuries. Being prepared is not a luxury but a necessity. Our NSC Pediatric First Aid, CPR & AED course is an adaptation of all topics from our NSC First Aid, CPR & AED course and meets the special needs of infants and children. Students gain the hands on training and confidence to respond in a variety of pediatric emergencies.

You will learn how to:

- Take action in a medical emergency
- Provide basic life support
- Treat bleeding and wound care
- Treat shock, burns and poisoning
- Deal with a sudden illness
- Respond in cold and heat emergencies
- Ensure safety for children with disabilities

Meets current ECC/CPR Guidelines

Includes naloxone training

Who would benefit from taking this course?

Child care providers, early childhood educators, students who interact with younger children, youth organizations and retail staff.

Training length **8 hours** (4.5 hours of bonus)	**Volume discount pricing available**

PRODUCT	PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC PEDIATRIC FIRST AID, CPR & AED INSTRUCTOR RESOURCE KIT	79260-0000	1+	$192.00	$240.00
NSC PEDIATRIC FIRST AID, CPR & AED INSTRUCTOR RESOURCE EKIT	79260-0099	1+	$176.00	$220.95
NSC PEDIATRIC FIRST AID, CPR & AED PARTICIPANT WORKBOOK	79260-0025	1+	$24.95	$31.95
NSC PEDIATRIC FIRST AID, CPR & AED E-PARTICIPANT WORKBOOK	79260-0020	1+	$19.95	$26.95



Prestan Infant CPR/AED Train Manikins Medium Skin Tone - 4 Pack

These manikins feature a CPR rate monitor that provides visual feedback on the front of the diaper for compression rate. This enables students to gauge the rate and depth of compressions, and allows the instructor to monitor several students quickly and easily.

73204-0000
(M) $615.00 (NM) $655.00

Shop additional selection of supplies at **nsc.org/shop/first-aid**

Develop First Aid instructors to teach lifesaving First Aid/CPR

NSC eLearning Instructor Development Courses

With NSC eLearning Instructor Development Courses (eIDC), you can become an authorized NSC First Aid Instructor conveniently from anywhere. Each eIDC provides an eLearning course on how to teach the NSC First Aid curriculum, a digital version of the Instructor Resource Kit, and other relevant instructor materials. As a participant, you simply need to provide proof you completed a participant course that included hands on skills testing. No travel is required!



New

You can even create a First Aid training team at your workplace by enrolling safety team members in this course. Once the eIDC is complete, you and your team can begin providing lifesaving training courses to co-workers.

You will learn how to:

- Teach NSC courses
- Use scenario-based learning to engage audiences
- Facilitate learning through a combination of video demonstration and hands-on learning
- Guide participants to effectively respond to common workplace first aid situations
- Accommodate learners who need additional assistance and offer remediation

Who would benefit from taking this course?

Safety professionals and emergency response teams in workplaces, those in both work environments and the community seeking to make a difference, as well as those looking to build their own First Aid training center business.

Training length 2.5 – 3 hours	Available pricing

PRODUCT	PRODUCT#	QTY.	MEMBER PRICE	NONMEMBER PRICE
NSC FIRST AID, CPR & AED ELEARNING INSTRUCTOR DEVELOPMENT COURSE	43200-9200	1+	$335.00	$420.00
NSC FIRST AID ELEARNING INSTRUCTOR DEVELOPMENT COURSE	43200-9220	1+	$335.00	$420.00
NSC CPR & AED ELEARNING INSTRUCTOR DEVELOPMENT COURSE	43200-9230	1+	$335.00	$420.00
NSC PEDIATRIC FIRST AID, CPR & AED ELEARNING INSTRUCTOR DEVELOPMENT COURSE	43200-9260	1+	$335.00	$420.00
NSC BASIC LIFE SUPPORT ELEARNING INSTRUCTOR DEVELOPMENT COURSE	43200-9270	1+	$335.00	$420.00

Join now and save! nsc.org/join

Learn more at **nsc.org/FATEACH**

National Safety Council

1121 Spring Lake Drive
Itasca, IL 60143-3201

NONPROFIT ORG
U.S. Postage
PAID
National
Safety
Council

Seconds save lives

Be prepared!

If someone isn't breathing, brain damage can occur in just 4 minutes. That's why it's critical to have on-site employees trained and ready to provide first aid quickly. Truly, it's a matter of life and death.

See inside for details to learn more about NSC First Aid Training and Products!

Download this catalog at nsc.org/FAcatalog

Not all first aid courses are the same

NSC trainings are:

- Designed to exceed OSHA First Aid Standards
- Tailored for your workplace
- Current with CPR/ECC guidelines
- And, most NSC First Aid courses include naloxone training

And there are multiple ways to learn:

- Onsite instructor training that comes to you
- A wide range of classroom, eLearning, blended learning courses
- And much more!



See inside for details to learn more about NSC First Aid Training!

Prices and fees in this catalog are subject to change or termination at any time without advance notice.

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