## 29 SAFETY AND HEALTH TRAINING

## QUIZ 1 (20 POINTS TOTAL)

True/False	(6	noints)
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1.	The responsibility for and implementation of employee training rests with the workers.  a. true  b. false
2.	Training is focused mainly on improving performance through learning skills for behavioral change.  a. true  b. false
3.	Providing employees with a training manual is an adequate training program.  a. true  b. false
4.	In simulation training a group works with a case study.  a. true  b. false
5.	Role playing is not an effective method of problem solving.  a. true  b. false
6.	On-the-job training is more flexible than job instruction training. a. true b. false
	Approximately of humans are auditory learners. a. 5% b. 10% c. 20% d. 30%
8.	Approximately of humans are visual learners. a. 60% b. 50% c. 40% d. 30%

9.	Approximately of humans are kinesthetic (speaking, hearing, and touching or doing an activity) learners. a. 70% b. 80% c. 90% d. 100%
10.	When a regulatory agency is not involved, who is responsible for determining if training is even needed?  a. management b. safety professional c. workers d. human resources director
11.	What does a posttest measure?  a. how well the learners can perform the objectives while training is in progress  b. how well the learners can perform the objectives after training  c. how well the learners can perform objectives prior to training  d. none of the above
12.	Which of the following is not an OSHA regulation covering training?  a. Safety and Health Training Requirements for General Industry  b. Safety and Health Training Requirements for Maritime Employment  c. Safety and Health Training Requirements for Construction  d. Safety and Health Training Requirements for Nuclear Submarines
	t Answer (6 points)
13.	Define training. What are the benefits of safety and health training?
14.	Provide an example of a nontraining solution.

15.	Performance objectives are critical in the safety and health arena. What are the four parts of an effective objective (sometimes referred to as the ABCD method of objective writing)?
16.	What are the ground rules for a brainstorming session?
17.	What are the four steps of job instruction training (JIT), also known as the four-point method?
18.	Why is on-the-job training (OTJ) widely used? What considerations must be addressed when using OTJ?
	A major factor in the success of training is the extent to which adult learning needs are taken into consideration. What are the four needs common to all adult learners? Provide for each an example on how this need could be met.
	Z 2 (20 POINTS TOTAL)
	/False (6 points)  Training should begin with new employee orientation.  a. true

b. false

2.	Job instruction does not count as a training method.  a. true
	b. false
3.	An employee's negative attitude toward work has usually developed prior to being employed.  a. true  b. false
4.	A significant number of workers are involved in accidents after having been employed with a company for five or six years.  a. true  b. false
5.	Setting analysis is the process used to determine the procedures, decisions, knowledge, and skills required for a worker to perform a job function.  a. true  b. false
6.	Reward systems are a beneficial training method. a. true b. false
Mult	iple Choice (6 points)
	Low literacy generally refers to workers whose skills and/or abilities are at or below a grade level.  a. fourth b. second c. eighth d. tenth
8.	According to the text, which of the following is a home-study program offered by the National Safety Council?  a. Supervising for Safety b. Safety Now! c. An Eye Toward Safety d. Safety in the Workplace
9.	Which individual method of instruction is valuable for developing worker skill in fundamental tasks and for performing under pressure?  a. video-based  b. demonstration  c. drill  d. computer-assisted training

10.	Which of the following individual methods of instruction is used to determine if workers understand the necessary information and can apply the knowledge when required?  a. video-based  b. demonstration  c. testing  d. simulation
11.	Which training method is effective for evaluating human relations issues?  a. lecture  b. question and answer sessions  c. role playing  d. facilitated discussion
12.	Which training method has proved effective for training railroad engineers?  a. lecture  b. role playing  c. facilitated discussion  d. simulation
	t Answer (7 points)  What is performance-based training? How is it evaluated?
14.	There are four major types of performance-based training; describe one.
15.	Why is a needs assessment helpful to an organization when creating an effective safety training program?

16.	What are the advantages of a home study course?
17.	Of the methods of on-the-job training that can be used, the "buddy" or "coaching" system is the most common. What are some of the challenges associated with such a training method?
18.	It is generally agreed that new employees are significantly more prone to work-related accidents. Why is this true?
19.	Training materials should be presented in a manner that helps the workers organize and remember the important facts. Name at least three types of materials that can be used to achieve this goal.
	t Essay (1 point)  Write a brief essay outlining some of the key subjects a new employee training and orientation program should cover.