

MARCH

"The superior man, when resting in safety, does not forget that danger may come."

– Confucius

Safety observances

Ladder Safety Month

Workplace Eye Wellness Month

NSC Virtual Safety Congress & Expo: March 1-5

Women in Construction Week: March 7-13

Lifesavers Conference: March 13-15

Sleep Awareness Week: March 14-20

Poison Prevention Week: March 21-27

Stand Up for Grain Safety Week: March 29-April 2

2021

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Daylight saving time starts on the 14th, and that means an hour less sleep. Try going to bed 10 minutes earlier each night the previous week to help your body get used to a new bedtime.

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