AVOID SLIPS, TRIPS AND FALLS IN THE WORKPLACE

REDUCE

Slips, Trips and Falls

Gear UP
The items you use and wear can help reduce slips and falls. Make sure to:

• Wear sensible footwear
• Stand on ladders not chairs or tables
• Install handrails on stairs

Fix UP
Poorly maintained facilities can lead to falls. Be on the lookout and:

• Maintain good lighting indoors and outdoors
• Check the condition of outdoor walkways and stairs
• Remove fallen leaves or snow right away

Pick UP
Having items in the walkways can trip people. Make sure to:

• Take care of spills promptly
• Remove clutter from walkways
• Keep cords out of traffic areas

CAREFUL!