

# SEPTEMBER

*"For safety is not a gadget but a state of mind."*

– Eleanor Everet

## Safety observances

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Emergency Preparedness Month

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National Recovery Month

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Child Passenger Safety Week: Sept. 19-25

# 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Substitute a healthy snack for junk food whenever you can. It makes you feel better physically and mentally when you do something good for yourself.

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For more information, visit [nsc.org/membecalendar](https://nsc.org/membecalendar)

