

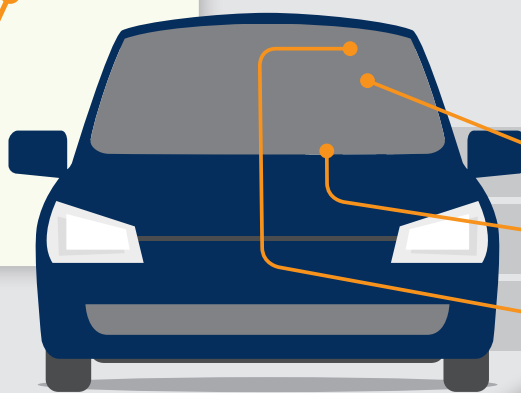
SK-FREE HANDS-FREE IS NOT RISK-FREE HANDS-FREE IS NOT RISK-FREE

Every day, 7 people are killed and more than 700 injured in distracted driving crashes.



Field of view narrows while talking on a phone

Drivers talking on phones **fail to see 50% of their surroundings.**



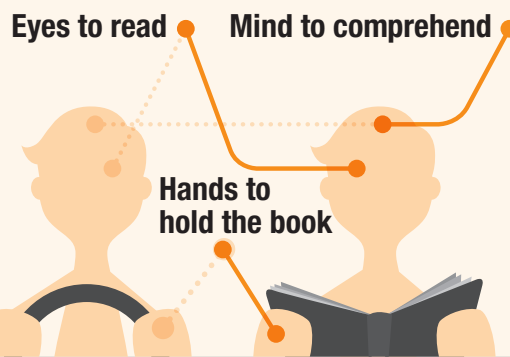
**THE ESSENTIALS FOR ATTENTIVE DRIVING:**

Eyes on the road

Hands on the wheel

**MIND ON DRIVING**

**You can't talk on the phone and read a book simultaneously** because your mind can only process one task at a time. So why would you think you can safely drive while using your phone?



## TAKE THE PLEDGE TODAY!

Handheld and hands-free cell phone use are deadly distractions while driving. Take the pledge to drive phone-free at [nsc.org/pledge](https://nsc.org/pledge)

**JustDrive**

[nsc.org/justdrive](https://nsc.org/justdrive)

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