

**NSC LABOR DIVISION SPRING MEETING, 2026**  
**TROUBLED WORKER SAFETY & HEALTH COMMITTEE,**  
**BALTIMORE, MARYLAND**

|                     |                                     |                         |                                             |
|---------------------|-------------------------------------|-------------------------|---------------------------------------------|
| <b>Meeting Date</b> | May 6, 2026                         | <b>Meeting Location</b> | Baltimore, Maryland                         |
| <b>Start Time</b>   |                                     | <b>Finish Time</b>      |                                             |
| <b>Chair</b>        | Dave Zelasko, PWU H&S Staff Officer | <b>Vice Chair</b>       | Acting – Jeff Pasma, PWU H&S Representative |

| <b>Attendees:</b> |                                                                                                                                                                                                                                                                         | See attached sign in sheet |                                                                                   | <b>Regrets</b> |  |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------------------------------------------------------------|----------------|--|
|                   |                                                                                                                                                                                                                                                                         |                            |                                                                                   |                |  |
| Item No.          | Agenda Item                                                                                                                                                                                                                                                             | Lead                       | Purpose                                                                           | Time           |  |
| 1.                | Opening Remarks: <ul style="list-style-type: none"> <li>• Call to Order.</li> <li>• Emergency Plan (Exits, First responders, AED, call 911).</li> <li>• Introductions</li> <li>• Read Handbook Description of Troubled Worker Safety &amp; Health Committee.</li> </ul> | Dave                       |                                                                                   | 5 min          |  |
| 2.                | Agenda: <ul style="list-style-type: none"> <li>• Additions to Agenda</li> <li>• Approval of Agenda</li> </ul>                                                                                                                                                           | Dave                       | Additions-Anything suitable to come before this committee:                        | 5-10 min       |  |
| 3.                | Approval of Fall 2025 Minutes                                                                                                                                                                                                                                           |                            |                                                                                   |                |  |
| 4.                | <b>Business Arising/Old Business</b>                                                                                                                                                                                                                                    |                            |                                                                                   | 5-15 min       |  |
|                   | a) Psychosocial Hazards and Workplace Mental Health/Stigma.                                                                                                                                                                                                             | Dave                       | Ask if anyone wishes to share success stories or remedies to specific situations. |                |  |
|                   | b) Employee Family Assistance Program (EFAP)                                                                                                                                                                                                                            | Dave                       |                                                                                   |                |  |
|                   | c) Antiquated approaches/stigma                                                                                                                                                                                                                                         | Dave                       |                                                                                   |                |  |
| 5.                | <b>New Business/Discussion Items</b>                                                                                                                                                                                                                                    |                            |                                                                                   | 20-30 min      |  |
|                   | a) Dangers of Social Media.                                                                                                                                                                                                                                             | Dave                       |                                                                                   |                |  |
|                   | b) Fit for Duty (i.e. fatigue).                                                                                                                                                                                                                                         | Dave                       |                                                                                   |                |  |
| 6.                | Updates/Good of the Order Adjournment                                                                                                                                                                                                                                   | Dave                       |                                                                                   | 5-10 min       |  |