



First Aid Instructor Webinar

NSC First Aid Team

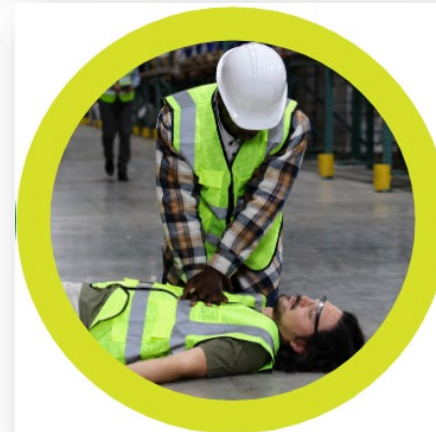
Friday, October 9, 2026 @ 10:00 AM CST

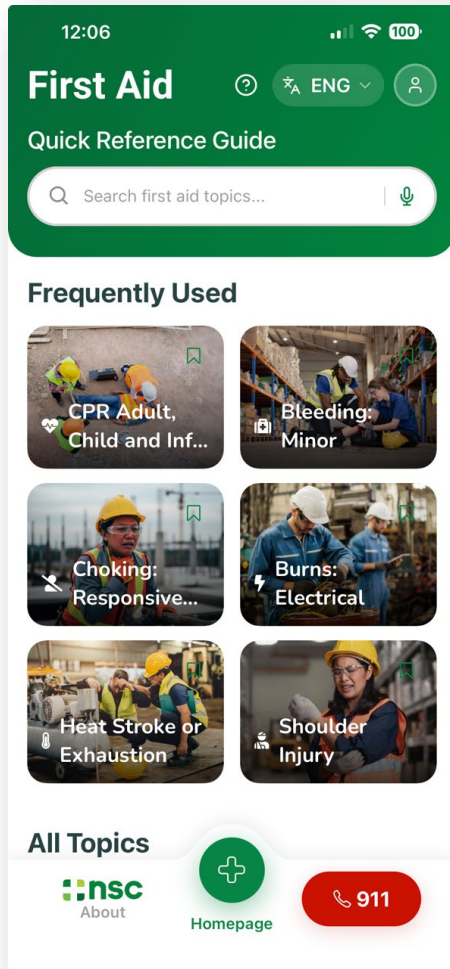
Your NSC First Aid Team

- Mary Ann Sullivan, First Aid Director
- Maria Belen Cordova, First Aid Program Technical Advisor
- Tiffany Mike, First Aid Training Coordinator
- Dawn Riales, First Aid Training Product Specialist
- Pam Twilegar, First Aid Training Senior Product Manager
- FirstAidAdmin@nsc.org

Agenda

- First Aid App
- Instructor 9th Edition Transition
- Accessing and Using 9th Edition Multimedia
- 9th Edition Skills Performance Checklist
- First Aid Instructor Award Winners
- Q & A





First Aid App – Download today!



Action Required: **TRANSITION** by 12/31 for \$50 off on Instructor Kits

8 th Edition Course	9 th Transition	Availability
First Aid, CPR & AED	• First Aid CPR AED Workplace • First Aid CPR AED: Adult Child Infant “Community Course”	• Now w/print materials available • Digital Now – print materials in late October
Pediatric First Aid, CPR & AED	First Aid CPR AED: Adult Child Infant “Community Course”	Digital Now – print materials in late October
Bloodborne & Airborne Pathogens	Bloodborne & Airborne Pathogens	Full course suite in late October
Basic Life Support for Health Care and Professional Rescuers	Basic Life Support	Full course suite in late October
Advanced First Aid and Basic Life Support for Professional Rescuers	Advanced First Aid and Basic Life Support	Full course suite in early November

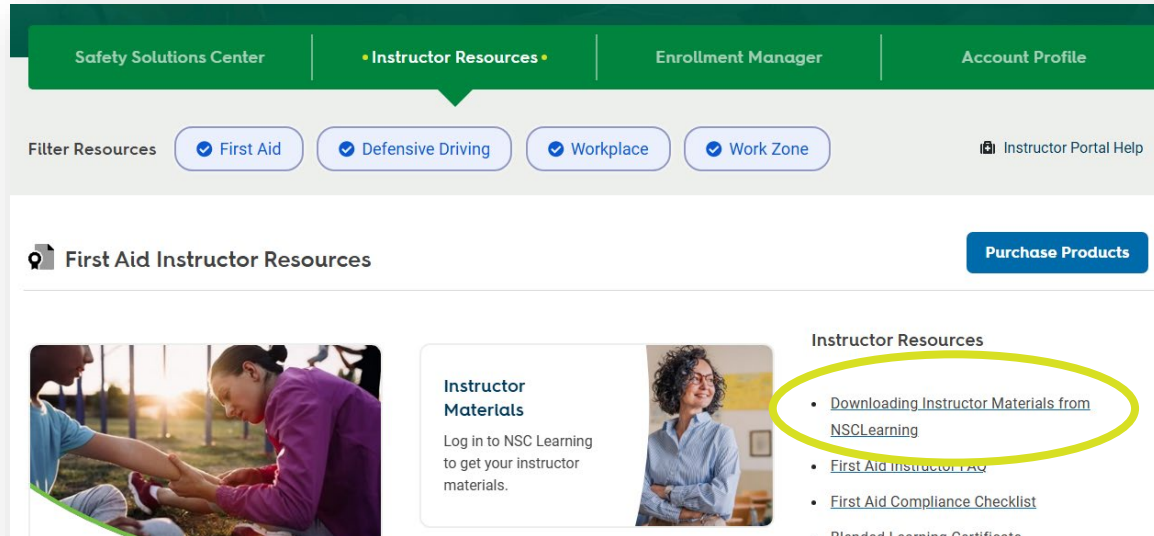
Workplace Materials are available in print. All others have been delayed. We will have eLearning, Instructor Resource Kits, and participant workbooks in Spanish in November. **Note:** Advanced FA/BLS will not be translated to Spanish.

2027 Instructor Renewals

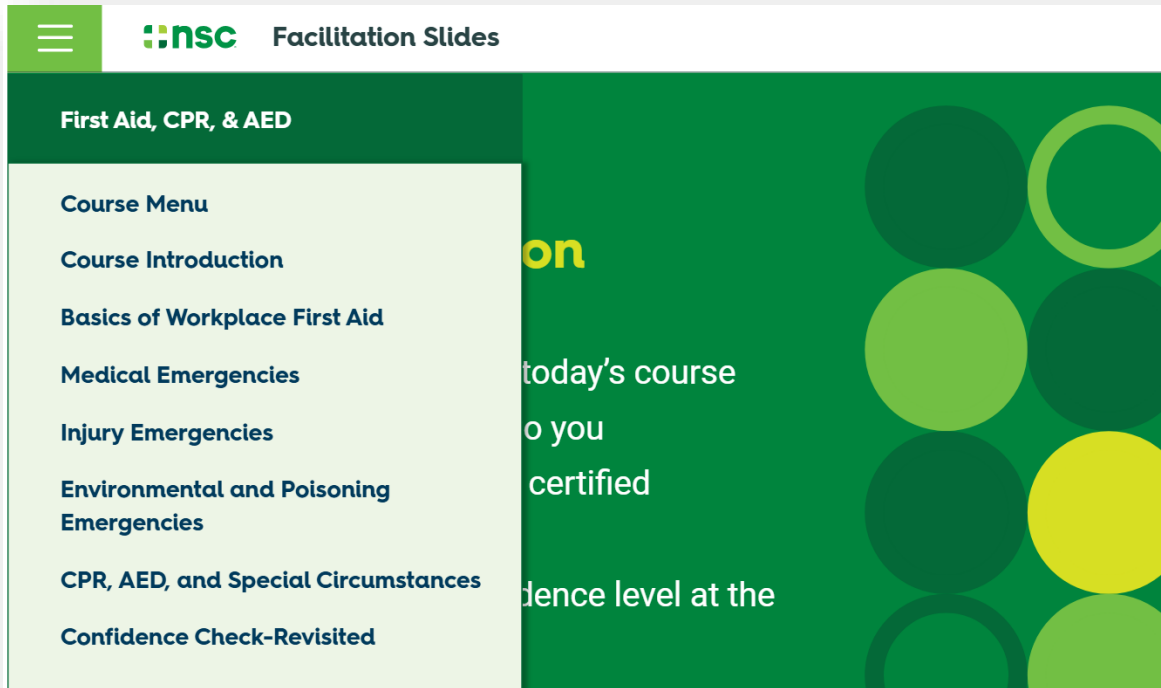
- If you are due to renew your Instructor Authorization in 2027, be aware that you will be required to transition to a 9th Edition curriculum prior to renewing.
- Our goal is to have the latest, most compliant content in your hands for your course participants.

Accessing & using multi-media content

- Download guide available on Instructor Portal
nsc.org/instructor-portal



Presentation files and videos



Use the menu in the upper left corner of the screen to navigate to course topics.

How to Use a Checklist

Bleeding Control: Wound Care and Pressure Bandage

1 Scenario (read aloud)

A co-worker cuts their forearm on a sharp metal edge while unpacking materials. The cut looks shallow and is bleeding slightly.

Equipment and materials: Medical exam gloves; water for rinsing; sterile dressings and gauze; roller bandages; biohazard waste bag

2 Stage 1: Minor Wound — SAY: *Use the opening scenario.*

- ☐ Ensures the scene is safe and puts on gloves
- ☐ Checks responsiveness, breathing and severe bleeding
- ☐ Rinses the wound with plenty of water (*Does not scrub the wound*)
- ☐ Covers the wound with a sterile dressing and watches for warning signs

Stage 2: Warning Signs — SAY: *“The wound is deeper than it first appeared. Bleeding is increasing and soaking through the dressing.”*

- ☐ Calls 911 or sends someone to call
- ☐ Applies firm, direct pressure with both hands over gauze for at least 5 minutes without lifting (*Adds layers if blood soaks through*)

Stage 3: Pressure Bandage — SAY: *“The bleeding is controlled with direct pressure.”*

- ☐ Wraps a roller bandage from below the wound toward the heart, keeping pressure on the wound
- ☐ Secures the bandage snug but not too tight
- ☐ Checks bleeding and circulation below the bandage
- ☐ Monitors the person until help arrives

Instructor Initials _____ 4

1 Read the scenario aloud

Every skill starts with the initial assessment.

2 Read each SAY cue in order

3 Check each step done correctly

Not yet? Give feedback, practice, test again.

4 Initial when mastered

What You Teach vs. What You Test

Test: required for certification

Required skill	FA, CPR & AED	First Aid Only	CPR & AED Only
Bleeding Control: Wound Care and Pressure Bandage	✓	✓	—
Bleeding Control: Severe Bleeding	✓	✓	—
CPR – Adult	✓	—	✓
AED Use – Adult	✓	—	✓
Choking Care – Adult	✓	✓*	✓

Initial assessment is tested within every skill.

* First Aid Only: evaluate up to calling 911 and recognizing that CPR is needed.

Confirm state, client and employer requirements before you deliver skills testing.

Not required for certification

Always demonstrate and practice

- Tourniquet and wound packing (participants state the steps)
- Recovery position
- Epinephrine auto-injector
- Naloxone

Test only when a state, client or employer requires it

- Child and infant CPR, AED and choking
- Elastic bandage; arm sling and binder
- Hands-on tourniquet and wound packing

Congratulations to our Instructors of the Year!

- **Andrea Workman** – First Aid, CPR & AED Instructor of the Year
- **Angelo Hudson-Dobbs** – Pediatric First Aid, CPR & AED Instructor of the Year
- **Mike Ezzell** – Lifetime Achievement Award, Master Trainer



Questions?

Please use the Q&A tab to type questions

