



International

Also available as an online course!

NSC First Aid, CPR & AED

Prepare to respond in an emergency

Knowing the appropriate action in an emergency until professional help arrives is critical to saving lives. NSC First Aid courses are recognized world wide. This hands-on course helps develop lifesaving skills that can be employed during a medical emergency.

This NSC® course meets the CPR and ECC Guidelines.

Students will learn how to:

- Recognize an emergency
- Act appropriately and effectively
- Sustain life until professional help arrives

Training includes:

- Acting in an emergency
- Preventing disease transmission
- Checking the victim
- Basic life support
- Recovery position
- Choking
- Heart attack and chest pain
- Bleeding and wound care
- Shock
- Burns
- Serious injuries
- Bone, joint and muscle injuries
- Sudden illness
- Allergic reactions
- Poisoning
- Cold and heat emergencies
- Rescuing and moving victims

Course materials

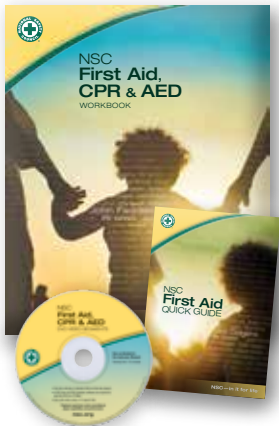
Instructor Resource Kit

- Instructor Manual and CD
- Instructor DVD featuring VSI training
- Instructional DVD on how to set up the classroom
- Instructor Resource CD with administrative documents
- Student Workbook with NSC First Aid Quick Guide and NSC First Aid, CPR & AED DVD

Student Workbook

- Full-color photographs, illustrations and skills demonstrations
- NSC First Aid Quick Guide
- Course DVD
- Nationally recognized course completion cards

For more information about all of the NSC First Aid training programs, visit nsc.org/international or call **+1-630-775-2056** for more details.



Become an authorized NSC Instructor

If you have first aid training experience with another provider, you may qualify to migrate your credentials to become an authorized NSC instructor. Visit nsc.org/firstaid.

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