Sharing the Roads Safely: Distracted Driver QUIZ

1. Which of the following is considered a cognitive distraction?
   a. Thinking about what happened at work
   b. Talking to others
   c. Looking at things outside the vehicle
   d. A and B only
   e. All the above

2. Something that causes drivers to take their hands off the wheel such as talking on a cell phone, caring for a child, eating and grooming is considered what type of distraction.
   a. Manual
   b. Visual
   c. Cognitive
   d. None of the above

3. Signs of a distracted driver include:
   a. Driving below the posted speed limit
   b. Talking on their cell phone
   c. Not stopping at a stop sign
   d. Reaching for something inside the vehicle
   e. All the above

4. Ways to be a focused driver include:
   a. Adjusting vehicle controls such as mirrors, seat, radio and air temperature controls before you start driving
   b. Carefully eating and drinking while driving
   c. Planning ahead to determine routes, directions and checking traffic conditions before you leave
   d. A and C only
   e. All the above

5. Safe driving practices require you to constantly search the roadway ahead for situations that could require you to take quick action.
   a. True
   b. False

Information courtesy of NSC Driver Safety Training