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First Aid Instructor Webinar

NSC First Aid Team

Friday, January 16 @ 10:00 AM CST

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Today's Speakers

- Mary Ann Sullivan, Director
- Maria Belen Cordova, Program Technical Advisor
- Pam Twilegar, Program Manager
- Guest Speaker, Claire Bryant, Senior Program Manager, Workplace Wellbeing

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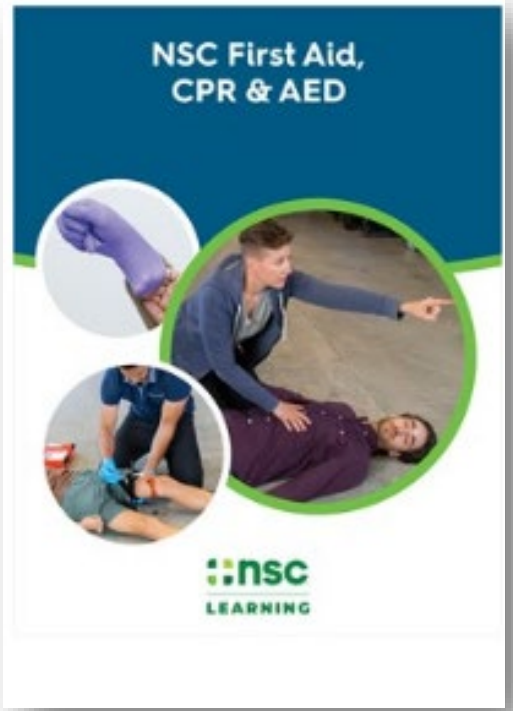
Agenda

Currently Available

1. 8th Edition FACPRAED: *Select* Video Updates
2. Teaching the 8th Edition with the 2025 ILCOR Treatment Updates (Instructor & Participant Guides)
3. Naloxone Content & NSC Tools

Upcoming in 2026

4. Hazard Modules Overview
5. 9th Edition Course Update Timeline



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What Instructors Will See: 8th FACPRAED Edition Video Updates



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Why These Updates Were Made & What Changed

Updates in Response to Your Feedback

- Based on instructor, TC, Chapter, and student feedback
- Applies to First Aid, CPR & AED (First Aid only/CPR/AED Only)
- Printed and digital materials updated

Topics Updated

- Bleeding & Wound Care
- Burns
- Cold & Heat Emergencies
- CPR & AED – Special Circumstances

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What to Expect in the Updated Content

What's Different in the Training

- More realistic workplace scenarios and visuals
- Clearer demonstrations of critical skills
- Stronger emphasis on real-world decision-making

Important Note

- These are **NOT** ILCOR 2025 guideline updates
- Guideline updates will come with the 9th Edition course

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How to access the Updates

- You can access the updated videos by logging into NSC Learning (https://learn.nsc.org)
- Look for ***NSC First Aid, CPR & AED Digital Instructor Resource Kit***
- Navigate to the **Instructor Materials** section and download multimedia
- Don’t see the course in your NSC Learning account? Contact FirstAidAdmin@nsc.org

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2025 ILCOR Treatment Updates: What Instructors Need to Know



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Instructor Teaching Guide - FACPRAED
(2025 ILCOR Treatment Recommendations Updates)

Purpose

- To help instructors continue teaching the 8th Edition while accurately incorporating the 2025 ILCOR/AHA/ERC therapeutic updates by highlighting what to emphasize, clarify, or adjust during instruction.

What This Guide Is

- An **interim teaching support document**, **not a replacement** for the 8th Edition Instructor Manual.
- A **practical summary of relevant 2025 updates related to First Aid, CPR, and AED**.
- A reference to help instructors understand what has changed and how it impacts instruction.

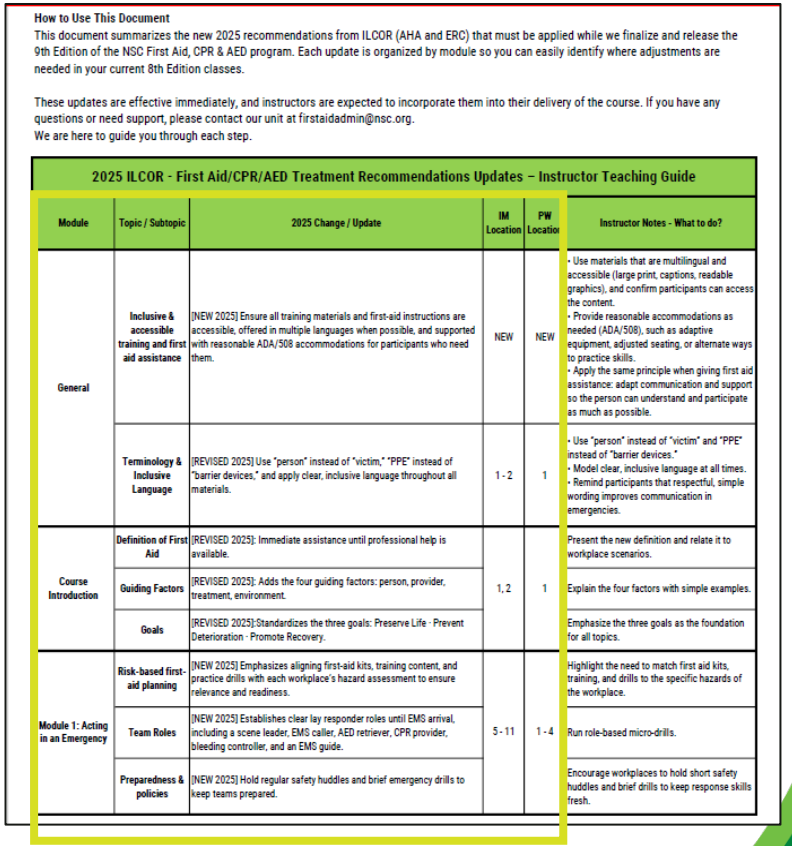
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Instructor Teaching Guide - FACPRAED

(2025 ILCOR Treatment Recommendations Updates)

How It Is Structured

- Organized by **module, topic, and subtopic**.
- Includes:
  - Whether content is **NEW or REVISED (2025)**
  - Where it aligns in the **Instructor Manual** and **Participant Workbook**
  - Key points instructors should **highlight, reinforce, or avoid**
- Page references are provided as guidance; **exact page numbers may vary** due to recent digital and video urgent updates.



How to Use This Document

This document summarizes the new 2025 recommendations from ILCOR (AHA and ERC) that must be applied while we finalize and release the 9th Edition of the NSC First Aid, CPR & AED program. Each update is organized by module so you can easily identify where adjustments are needed in your current 8th Edition classes.

These updates are effective immediately, and instructors are expected to incorporate them into their delivery of the course. If you have any questions or need support, please contact our unit at firstaidadmin@nsc.org.
We are here to guide you through each step.

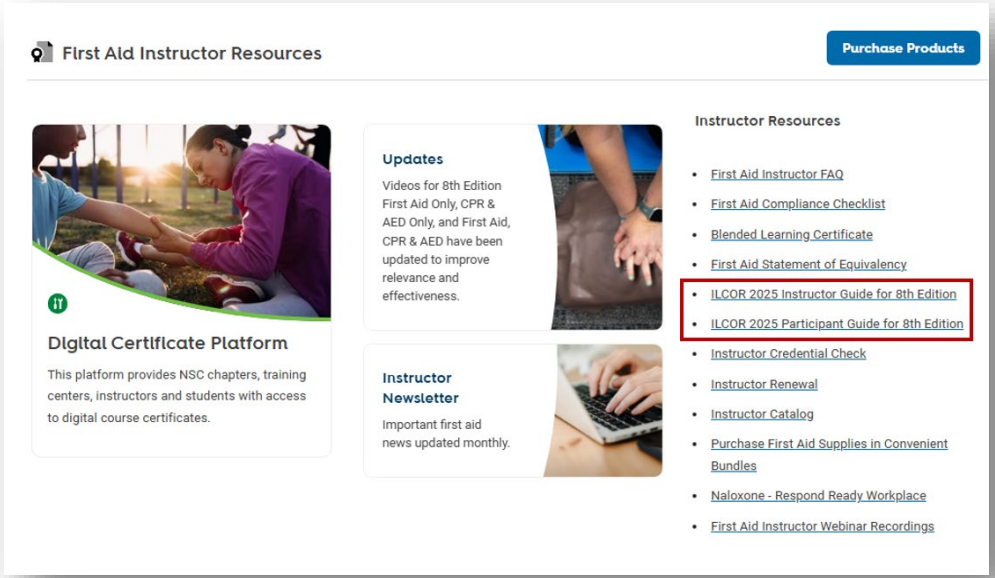
2025 ILCOR - First Aid/CPR/AED Treatment Recommendations Updates – Instructor Teaching Guide

Module	Topic / Subtopic	2025 Change / Update	IM Location	PW Location	Instructor Notes - What to do?
General	Inclusive & accessible training and first aid assistance	[NEW 2025] Ensure all training materials and first-aid instructions are accessible, offered in multiple languages when possible, and supported with reasonable ADA/508 accommodations for participants who need them.	NEW	NEW	• Use materials that are multilingual and accessible (large print, captions, readable graphics), and confirm participants can access the content. • Provide reasonable accommodations as needed (ADA/508), such as adaptive equipment, adjusted seating, or alternate ways to practice skills. • Apply the same principle when giving first aid assistance: adapt communication and support so the person can understand and participate as much as possible.
	Terminology & Inclusive Language	[REVISED 2025] Use "person" instead of "victim," "PPE" instead of "barrier devices," and apply clear, inclusive language throughout all materials.	1 - 2	1	• Use "person" instead of "victim" and "PPE" instead of "barrier devices." • Model clear, inclusive language at all times. • Remind participants that respectful, simple wording improves communication in emergencies.
Course Introduction	Definition of First Aid	[REVISED 2025]: Immediate assistance until professional help is available.	1, 2	1	Present the new definition and relate it to workplace scenarios.
	Guiding Factors	[REVISED 2025]: Adds the four guiding factors: person, provider, treatment, environment.			Explain the four factors with simple examples.
	Goals	[REVISED 2025]:Standardizes the three goals: Preserve Life · Prevent Deterioration · Promote Recovery.			Emphasize the three goals as the foundation for all topics.
Module 1: Acting in an Emergency	Risk-based first-aid planning	[NEW 2025] Emphasizes aligning first-aid kits, training content, and practice drills with each workplace's hazard assessment to ensure relevance and readiness.	5 - 11	1 - 4	Highlight the need to match first aid kits, training, and drills to the specific hazards of the workplace.
	Team Roles	[NEW 2025] Establishes clear lay responder roles until EMS arrival, including a scene leader, EMS caller, AED retriever, CPR provider, bleeding controller, and an EMS guide.			Run role-based micro-drills.
	Preparedness & policies	[NEW 2025] Hold regular safety huddles and brief emergency drills to keep teams prepared.			Encourage workplaces to hold short safety huddles and brief drills to keep response skills fresh.

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Accessing the ILCOR Guides

- Log into the Instructor Portal – www.nsc.org/instructor-portal



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NSC Respond Ready Workplace Resources

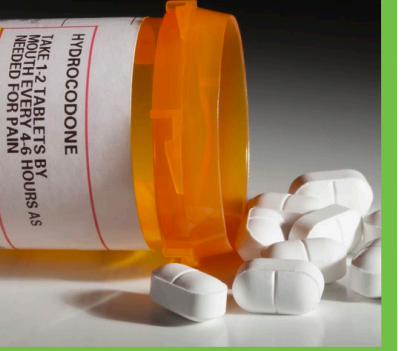
Claire Bryant, MPH, CHES

Senior Program Manager, Workplace Wellbeing

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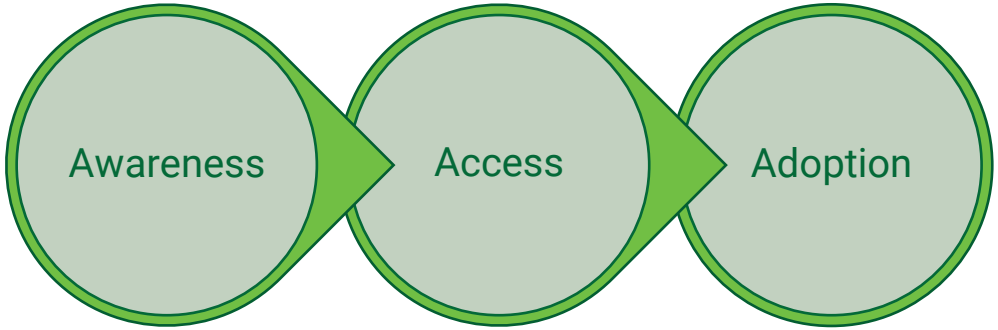






RespondReady WORKPLACE™
an nsc program

NSC aims to reduce overdose deaths in worksites by supporting the access of naloxone, related training and support resources in workplaces through:



nsc.org/respondready

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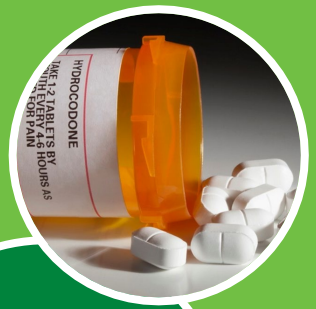
Key Resources

- Implementation guide
- Free eLearning
- Discounted Narcan access
- Case studies
- FAQs and educational materials

Visit: nsc.org/respondready



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Overdose Emergency Planning Tool

Be prepared to address the risk of overdose on the job by supplying your workplace with life-saving naloxone. Use the free **NSC Overdose Emergency Planning Tool** to estimate how much you need.

Get started at nsc.org/overdosetool

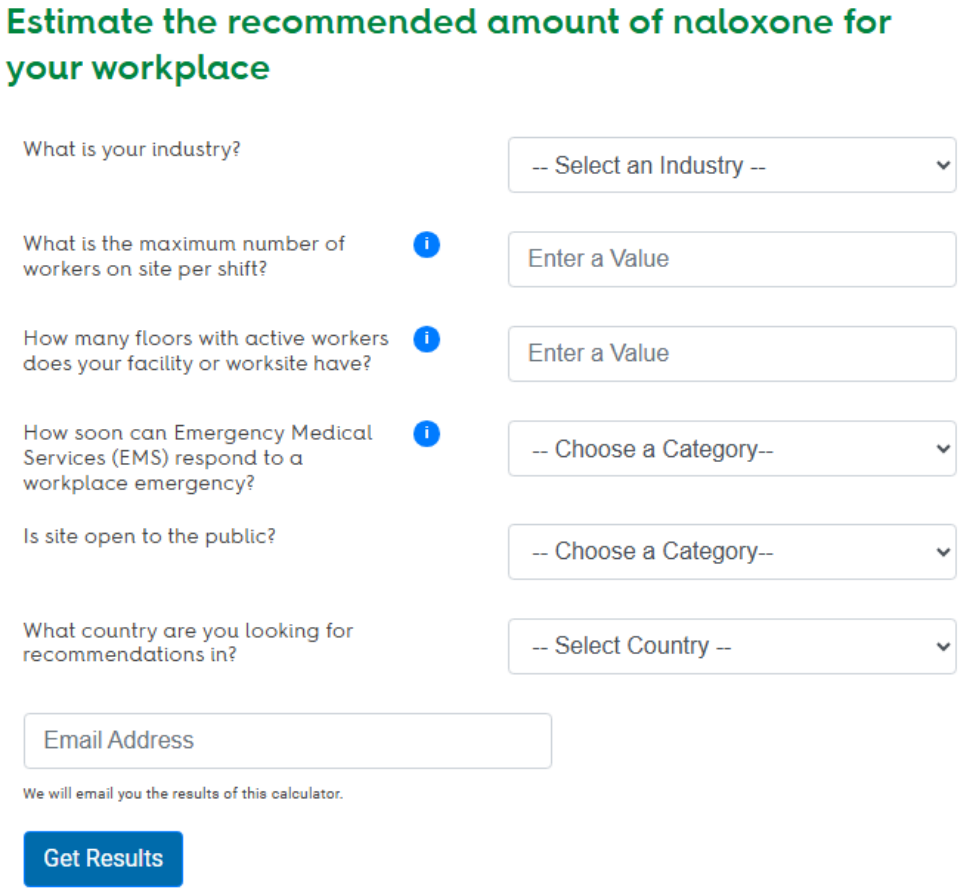
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Tool Homepage

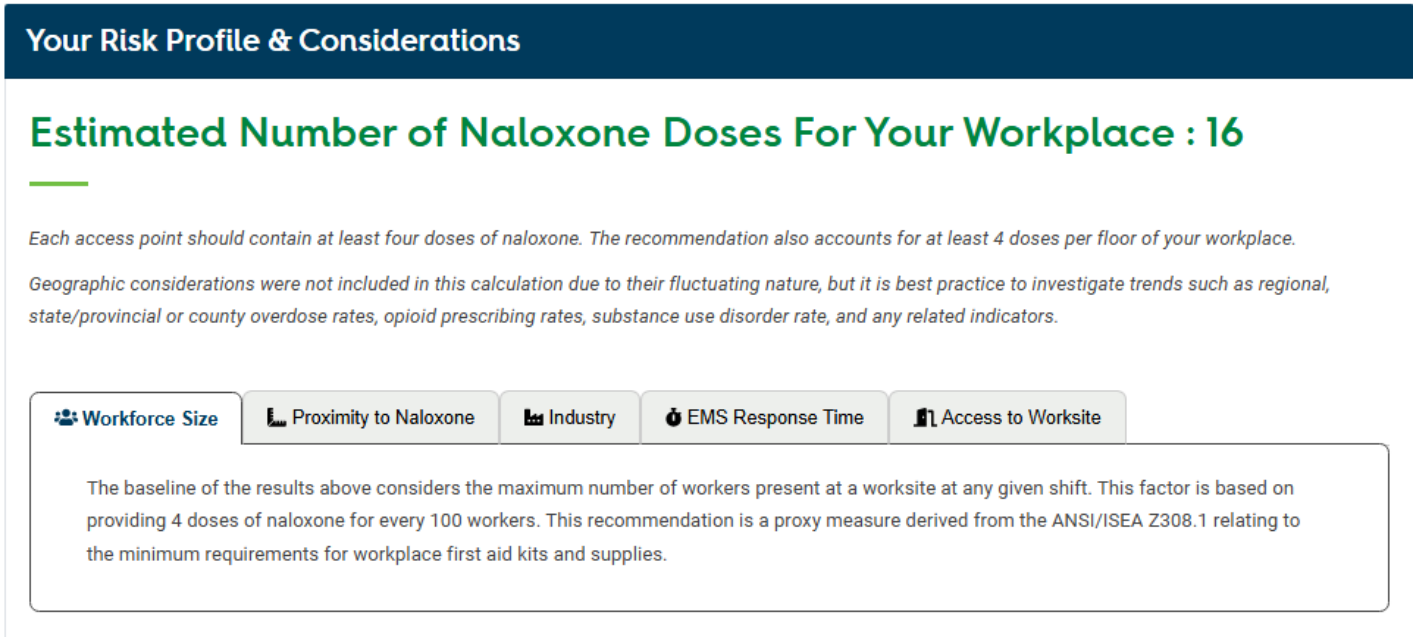
nsc.org/overdosetool



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Tool Results Example



Additional sections: more on naloxone/additional considerations, placement and storage, relevant laws, start your program

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Substance Use Resources

Key resources:

- Substance Use Cost Calculator
- Connect2Prevent
- Cannabis regulations tool
- Warn Me labels
- Various research and reports

Visit: nsc.org/druguse

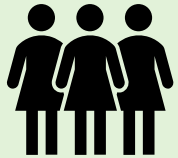


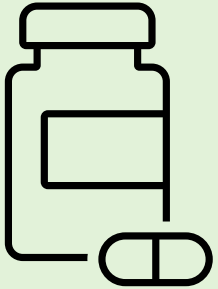
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Thank you!

Contact
Claire.Bryant@nsc.org
for any questions











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Hazard-Specific First Aid Microlearnings

Coming March 2026

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Upcoming NSC Product | Launching Soon

Why This Project Was Developed

- General First Aid training provides a strong foundation, but it cannot fully address the **specific hazards and injury risks present in high-risk workplaces**.
- As a safety-focused organization, NSC identified a clear gap in the market:
  - No product effectively integrates **high-risk job tasks, workplace safety expectations, and first aid response** in a short, practical format.
- These microlearnings were developed to close that gap and better support real-world workplace needs.

Industries Addressed

- Construction
- Manufacturing
- Warehousing
- Transportation
- Other high-risk and industrial work environments

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Topics Being Developed

Hazard-Specific First Aid Microlearnings

- First Aid for Slips and Trips
- First Aid for Injuries Related to Falls
- First Aid for Heavy Equipment Injuries
- First Aid for Electrical Injuries
- First Aid for Musculoskeletal and Overexertion Injuries
- First Aid in Rural or Remote Environments

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How the Microlearnings Are Designed and Used

Structure

- Online-only microlearnings
- 8–10 minutes per module
- Hazard recognition based on real job tasks
- Identification of injuries related to those hazards
- Clear first aid actions until professional medical help arrives

Learning Experience

- Practical workplace scenarios and cases
- Interactive learning activities
- Clear, worker-friendly language
- Inclusive, ADA-compliant design
- Real workplace imagery
- Key reinforcement points for on-the-job application

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NSC Workplace First Aid, CPR and AED 9th edition

Coming Fall 2026

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Timeline – NSC Workplace First Aid, CPR and AED – 9th Edition

Content Design (In Progress)

- Storyboard development
- Workplace-focused structure
- ILCOR 2025 & OSHA alignment

Media Production

- Workplace-based video production
- Fully refreshed scenarios and visuals

Course Build & QA

- eLearning, ILT, Blended formats
- SME review and quality assurance

English Launch – September

- Online course release
- Instructor Manual & Participant Workbook

Spanish Edition

- Spanish version released weeks after English launch

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Full Suite of First Aid Courses will be Updated

- First Aid, CPR & AED
  - First Aid
  - CPR & AED
- Pediatric First Aid, CPR & AED
  - eLearning available for Blended Learning
- Basic Life Support
  - eLearning available for Blended Learning
- Advanced First Aid and Basic Life Support
- Bloodborne and Airborne Pathogens

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9th Edition Transition Planning

- Digital Instructor Resource Kits and a transition eLearning module will be available in August
- Printed materials: Instructor Manuals and Participant Workbooks will be available in September
- Watch for specific details on the instructor transition in our March Webinar and April Newsletter

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First Aid Instructor Resources

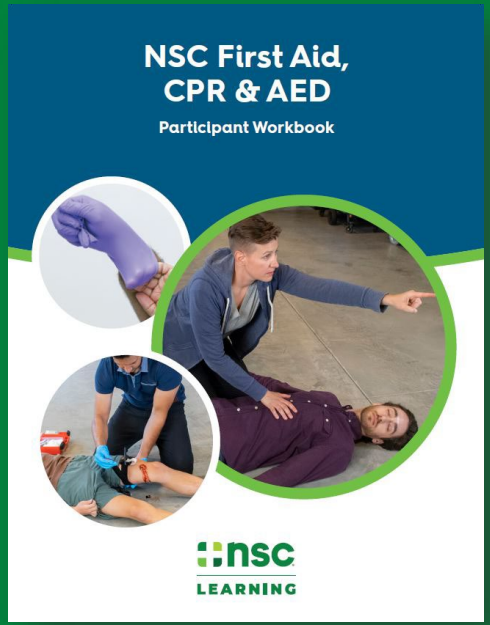
- **Instructor Portal** – nsc.org/instructor-portal
  - Webinar recordings
  - Digital Certificate Portal
  - Current newsletter
  - Updates
- **Instructor Materials** – learn.nsc.org
- **Instructor Newsletter** – on Instructor Portal and in your email inbox every two months on second Sunday – Next letter February 8, 2026
- **Instructor Webinar** – March 13, 2026 – Registration link!
- **Questions** – FirstAidAdmin@nsc.org

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Questions?

Please use the Q&A tab to type questions



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