



Safety Quiz

Cold Weather

1. Frostbite is a serious injury that can lead to permanent tissue damage and amputation.

- a. True
- b. False

2. The first sign of frostbite is:

- a. Unusual skin redness
- b. Numbness
- c. Waxy skin
- d. Drowsiness

3. Which should be used to warm a victim of frostbite?

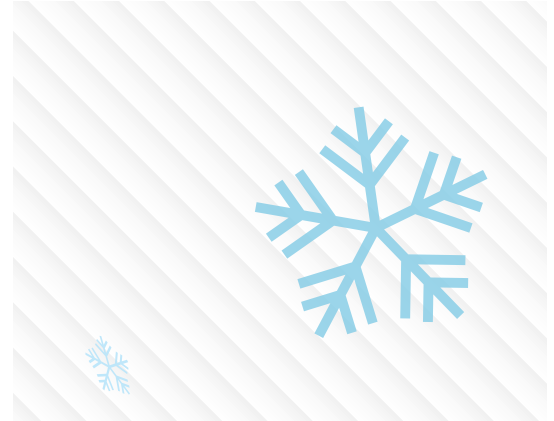
- a. Heating pad
- b. Hot water
- c. Heat lamp
- d. Lukewarm water

4. Hypothermia is caused by prolonged exposure to low temperatures or cold water.

- a. True
- b. False

5. Signs of hypothermia include:

- a. Bright red cold skin
- b. Shivering
- c. Drowsiness
- d. Memory loss
- e. Slurred Speech
- f. All the above



ANSWER KEY
1. a 2. a 3. d 4. a 5. f

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