

PPE only protects you when you use it properly

USE IT
WHEN OTHER
CONTROLS
ARE NOT
FEASIBLE OR
PRACTICAL

Personal Protective Equipment (PPE) is worn to **minimize exposure to hazards** that could cause serious injuries and illnesses

PPE can include **hard hats, safety glasses, gloves, earplugs, respirators, coveralls, high visibility vests, full body suits** and safety **footwear**

PPE is personal and should **fit comfortably**; it should not be too large or too small

Know when to **use** PPE and how to properly **care for** the equipment

Replace PPE when it is worn out, damaged or no longer effective

**PROTECT
YOURSELF
AND DRESS
FOR THE JOB
YOU ARE
DOING.**

Always wear PPE to protect yourself.

For more information on this and other safety topics, please log on to the member-exclusive website at [nsc.org](https://www.nsc.org).



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