



# Membership Benefits

## Welcome Labor Division!

# Member Tools & Resources

- **Live and On-Demand Webinars** presented by safety experts
- **Safety Toolkits** with resources on safety at work and on the road
- **5-Minute Safety Talks** that remind employees of dangers and best practices
- **2-Minute Videos** that can be shared or played on monitors
- **Digital Quick Tips, Safety Posters, Tip Sheets** and **Checklists** to help employees put your safety plan into action

# Member Tools & Resources

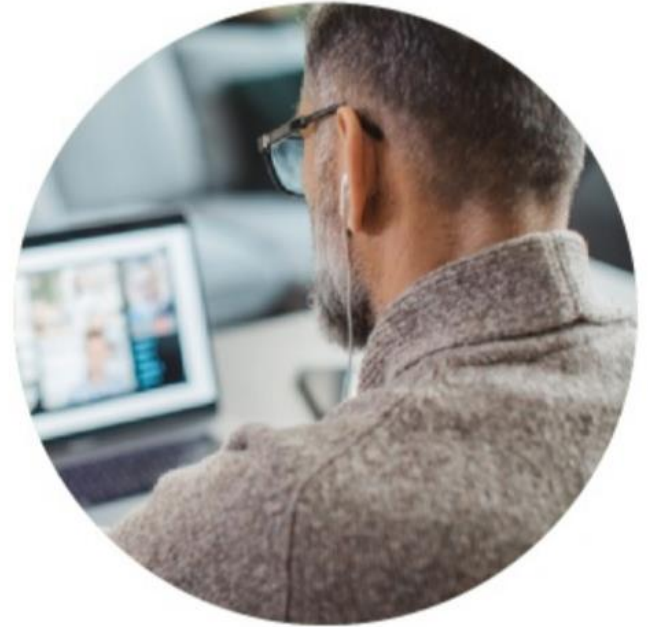
- **Safety Leadership Resources** to help you inspire employees and work toward your safety goals
- **Safety Program Templates** to assist employers in establishing their own procedures to prevent injury and illness in the workplace
- **Library and Information Services** where you can ask a question of a subject matter expert and request research on specific safety topics
- **Small Business Resource** a collection of small business tools and resources in one place for easy access

# Weekly Webinars: Live and On-Demand

Led by top experts and knowledgeable practitioners addressing today's issues including:

- Psychological Safety
- Employee Engagement & Training
- Safety for a Multigenerational Workforce
- Fleet Management
- OSHA Updates

**Safety Tip: Unable to attend the live meeting? Not a problem, all sessions are recorded and available for viewing in the Member Portal!**



# Safety+Health magazine

NSC members receive a FREE monthly subscription (\$67 value per subscription)

*Safety+Health*<sup>®</sup> provides:

- Latest news and trends
- An inside look at government regulations and legislative initiatives
- Industry-specific information to help you manage safety on and off the job



# Membership Weekly Newsletter

This weekly email showcases the various benefits of being a National Safety Council member and how to take advantage of everything available.

Safety Tip: Share these newsletters with your team!



The screenshot shows the NSC Member Newsletter interface. At the top, the NSC logo and 'MEMBER NEWSLETTER' are displayed. Below this is a green header for 'Benefits Spotlight'. The main content is divided into two columns. The left column features a section for 'National Safety Month - Coming in June' with a sub-header 'WHO'S YOUR REASON?' and an image of diverse people. Below this is text explaining the importance of safety and the 'SAFER' initiative. A bulleted list includes Mental Health, Ergonomics, Building a Safety Culture, and Lifting and Team. The right column lists 'Upcoming Webinars' including 'Everyday Resiliency in Times of Uncertainty' and 'OSHA Guidance During COVID-19'. A 'New Task Force: Safe Actions for Employee Returns (SAFER)' section is also visible at the bottom left of the newsletter content.

# Member Benchmarking Survey

The NSC Member Benchmarking Survey is a **FREE** tool to help members assess their safety program in the following areas: **Leadership & Management, Culture & Employees, Hazard Identification & Control**, and more.

The results provide the insights you need to accurately evaluate your safety program, identify potential gaps and determine the next steps for safety improvement.

**Login to [NSC.org](https://www.nsc.org) and take the survey today!**

**[membershipinfo@nsc.org](mailto:membershipinfo@nsc.org)**



# Safety Posters

Display posters to remind personnel that safety is everybody's responsibility

Over 100 posters available in English and Spanish



# Injury Facts Online Your Complete Reference Source for Safety Statistics

**We follow the data – it tells us:**

- Where we've been
- Where we are going



[injuryfacts.nsc.org](https://injuryfacts.nsc.org)

# NSC Library

The NSC Library has more than 174,000 books, research reports and articles, covering a wide range of topics, including

- Compliance and Regulations
- Safety Management
- Training
- Statistics
- Best Practices
- Archived Materials (dating back to the early 1900s)
- NSC Congress Transactions, 1912-1978



[safehealth.nsc.org](https://safehealth.nsc.org)

Since 1915, the Library has had a staff of degreed librarians available to assist users with targeted searching based on their specific questions.

# Safety Talks

## Construction & Work Site Safety

- 10 Steps to Safety - [English](#) and [Español](#)
- Bucket Truck Safety - [English](#) and [Español](#)
- Don't Get Shocked - [English](#) and [Español](#)
- Keep an Eye Out for Slips, Trips & Falls - [English](#) and [Español](#)
- Procedures for Frame Scaffold Erection - [English](#) and [Español](#)
- Project Site Hazards at Night - [English](#)
- Public Safety Around Construction Projects - [English](#)
- Trenching Hazards - [English](#) and [Español](#)
- Warehouse Pedestrian Safety - [English](#) and [Español](#)

Safety Tip: Start Every Meeting with a NSC  
5-Minute Safety Talk!

## Managing stress during a time of crisis



A crisis can occur at any time, whether it's the result of a personal problem, a workplace incident or a larger societal issue like the COVID-19 pandemic. The resulting stress from a crisis can put serious strain on workers, but certain steps can help manage this anxiety.

### FACE THE CAUSE OF YOUR STRESS

The first step in managing stress is facing it. In stressful situations, it can be tempting to ignore the cause of our anxiety and focus on something else, but this only compounds the problem. Stress rarely goes away on its own, but focusing on the real cause of our anxiety gives us a chance to address it.

A crisis might have you taking on new tasks, looking after others or adding multiple responsibilities onto your already-full plate. This might be on top of health concerns you are dealing with, or worries about a family member or co-worker. To address the situation and keep yourself from feeling overwhelmed, focus on the smaller issues that you can control and build from there.

### REACH OUT FOR ASSISTANCE

When managing your stress, take advantage of available resources whenever possible. At work, talk to your supervisor about managing additional job responsibilities or a human resources representative for more sensitive issues. Your workplace might offer an Employee Assistance Program (EAP) with access to financial planners, counselors and other resources. Reach out to learn more about what is available to you and how to access these tools.

Outside of work, talk to a doctor, your loved ones or friends for additional support and guidance. No one needs to conquer a crisis alone; lean on others when you need help and provide assistance when others need it from you.

### BE PROACTIVE

Ultimately, managing your stress during a crisis may require action, but the right steps will depend on your situation. If a crisis has you working from home and looking after your kids while trying to get your normal job done, talk to your supervisor about your options. Maybe you can work different hours or plan for certain breaks when you can focus on your kids, but you first have to identify the issue and talk it through.

If you are concerned about going into work or handling new job responsibilities during a crisis, voice these concerns to learn more about what precautions your organization is taking. If you are handling safety-sensitive tasks or learning new responsibilities, take your time and ensure you have the proper Personal Protective Equipment (PPE). The middle of a crisis is not the time for shortcuts, so follow the proper steps for every job and encourage your co-workers to do the same.

### STAY HEALTHY

When dealing with stress, our physical and mental health can sometimes fall to the wayside. Focus on keeping your body and mind healthy to help manage your stress during a crisis.

- Get at least seven hours of sleep each night
- Get some form of regular exercise, even if it's just taking walks before or after work
- Take regular breaks, including when working remotely
- Eat healthy meals
- Make time for activities you enjoy
- Avoid focusing on work once you are finished for the day
- Practice strong personal hygiene and take time off when sick
- Follow the recommendations of local health authorities

No crisis or stressful situation is the same, but these steps can help ease anxieties in difficult times. Be sure to care properly for yourself so you can ensure the safety of those around you.



# Safety Awards and Recognition

**Acknowledge your safety heroes!**

- Workplace
- Safe Driver
- Superior Safety
- Million Work Hours
- Milestone

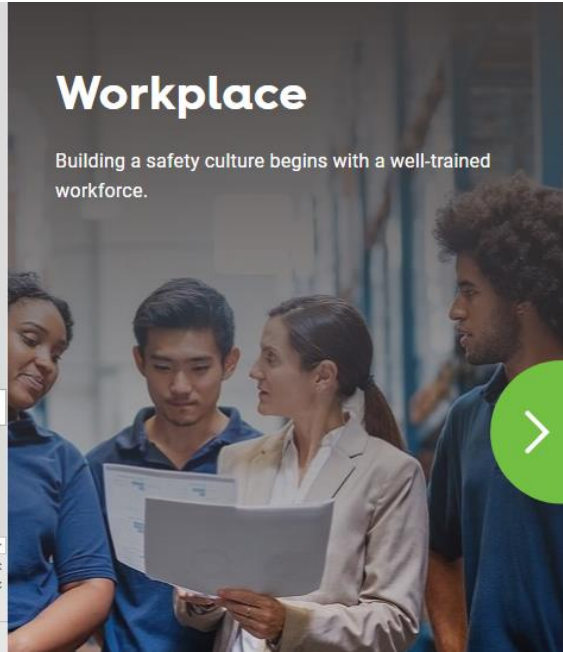
Learn more  
[awards@nsc.org](mailto:awards@nsc.org)



# Build Skills, Save Lives with NSC Training

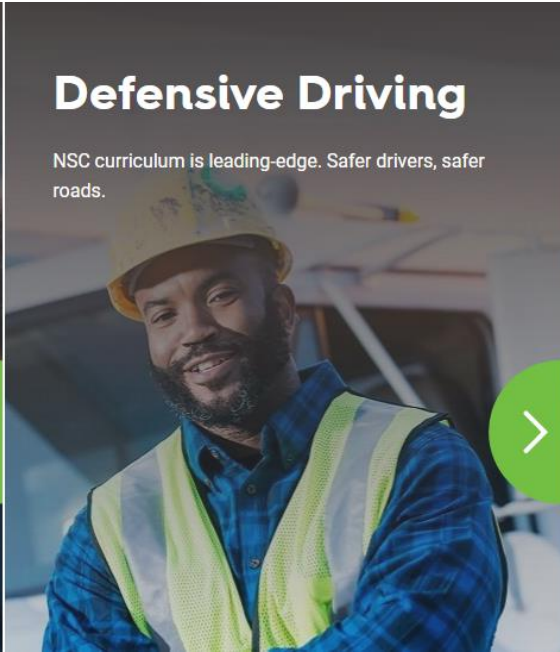
## Workplace

Building a safety culture begins with a well-trained workforce.



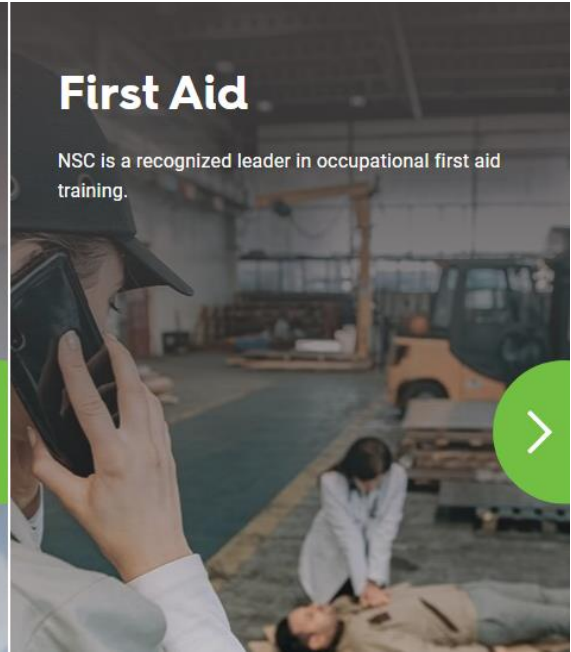
## Defensive Driving

NSC curriculum is leading-edge. Safer drivers, safer roads.



## First Aid

NSC is a recognized leader in occupational first aid training.

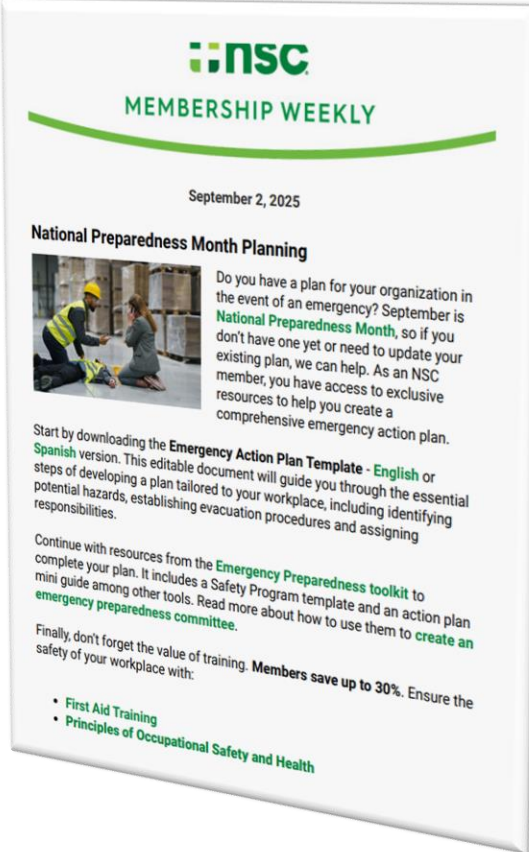


# Members save up to 30%

# Already a Member?

Thank you for being our partner in safety and part of our NSC community.


Let's walk through how to use your NSC benefits.



**NSC**  
MEMBERSHIP WEEKLY

September 2, 2025

### National Preparedness Month Planning



Do you have a plan for your organization in the event of an emergency? September is **National Preparedness Month**, so if you don't have one yet or need to update your existing plan, we can help. As an NSC member, you have access to exclusive resources to help you create a comprehensive emergency action plan.

Start by downloading the **Emergency Action Plan Template - English or Spanish** version. This editable document will guide you through the essential steps of developing a plan tailored to your workplace, including identifying potential hazards, establishing evacuation procedures and assigning responsibilities.

Continue with resources from the **Emergency Preparedness toolkit** to complete your plan. It includes a Safety Program template and an action plan mini guide among other tools. Read more about how to use them to **create an emergency preparedness committee**.

Finally, don't forget the value of training. **Members save up to 30%**. Ensure the safety of your workplace with:

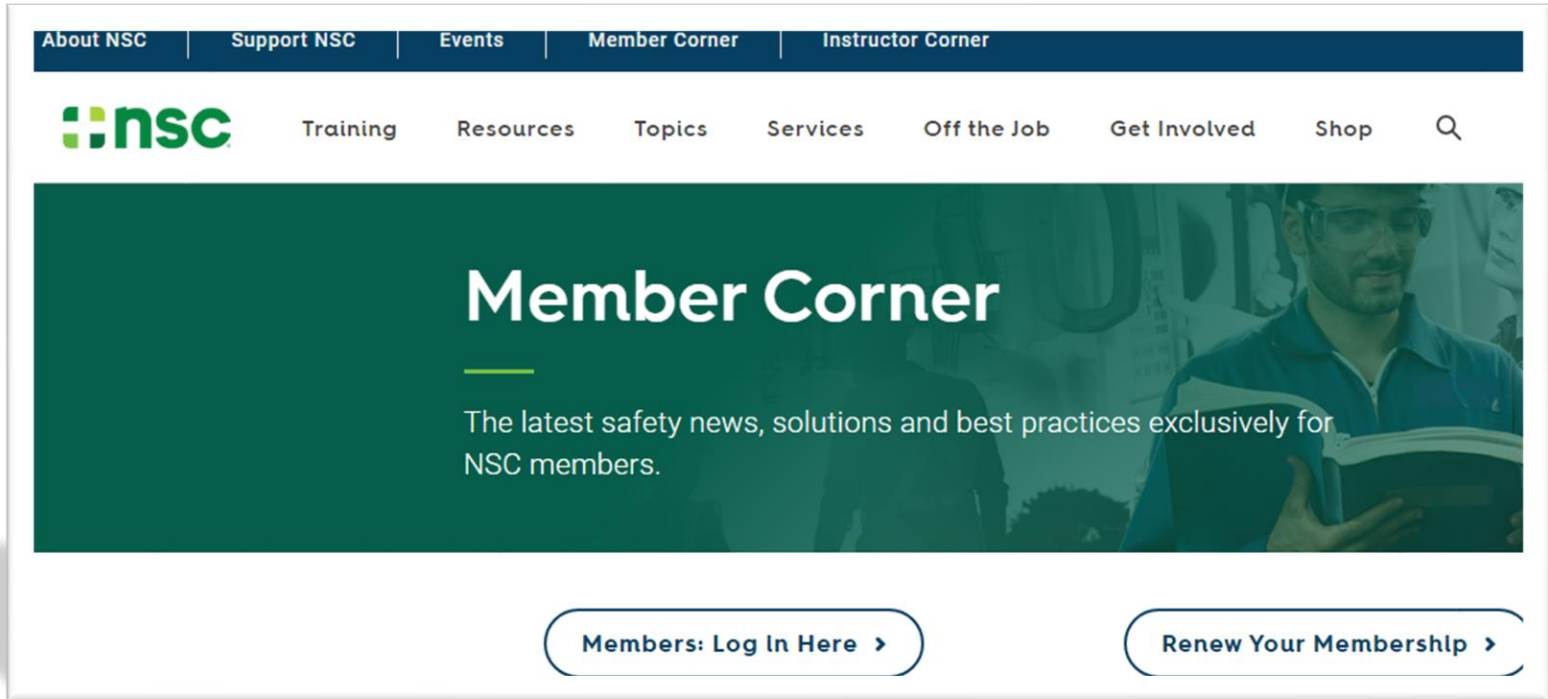
- **First Aid Training**
- **Principles of Occupational Safety and Health**

# Set Up Your Member Journey

Put your NSC membership to work, starting with these four steps:

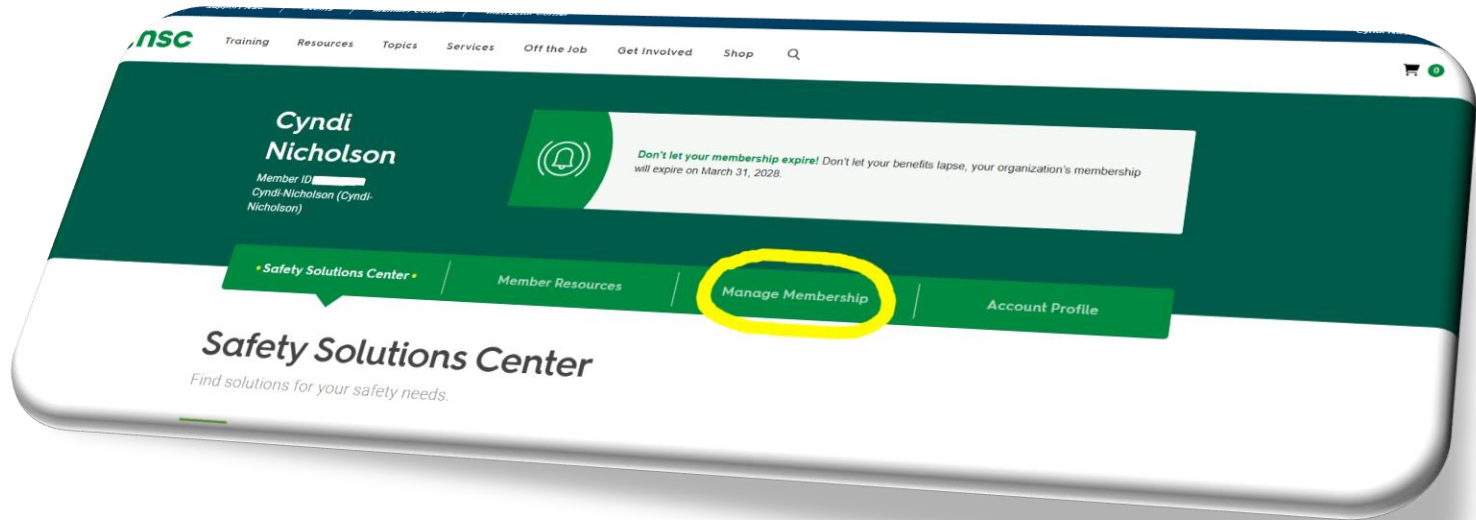
1. **Set up your member login** - take a moment to login using your organization's Member ID and create an online account. Need your account ID? Call (800) 621-7619 or email [customerservice@nsc.org](mailto:customerservice@nsc.org).
2. **Get Started** – tour the member website to get familiar with NSC offerings and add team members to your NSC account.
3. **Get Connected** – follow us on Facebook, Instagram, X, and YouTube for latest updates and news.
4. **Get Involved** – participate in NSC Divisions

# Your Exclusive Resource Page



The screenshot displays the NSC Member Corner page. At the top, a dark blue navigation bar contains links for 'About NSC', 'Support NSC', 'Events', 'Member Corner', and 'Instructor Corner'. Below this, the NSC logo is followed by a secondary menu with links for 'Training', 'Resources', 'Topics', 'Services', 'Off the Job', 'Get Involved', and 'Shop', along with a search icon. The main content area features a large green banner with the text 'Member Corner' and a sub-headline: 'The latest safety news, solutions and best practices exclusively for NSC members.' At the bottom of the banner, two buttons are visible: 'Members: Log In Here >' and 'Renew Your Membership >'. The background of the banner shows a worker in safety gear reading a book.

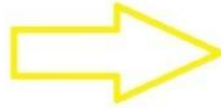
# Add Team Members to NSC



Use the “manage membership” tab to add users to your NSC account

# Manage Membership

As the primary member of this account, you manage this membership here. Have questions? See these FAQs or contact us.



## Manage Membership

You can update your membership information, invite additional employees to join this membership and manage your roster of authorized members here.



## Renew Your Membership

Don't let your benefits lapse. Renew today!

# Invite Team Members

Add staff in two easy steps:

- **Primary Contact** send staff an email invitation
- **Staff** open email and set up online access

## Manage Your Membership

### Invite Members to Your NSC Membership

The recipient of an email invitation will be able to join your membership. Or you can share a link that anyone can use to join your membership, subject to your membership terms. If you would like to increase the number of authorized users of your membership, contact us.

Invite by email

Invite by link

Separate multiple emails addresses with commas.

Email

Add a message (optional)

# NSC Membership

Learn more about NSC membership benefits, tools and resources

## Protect Lives. Join NSC

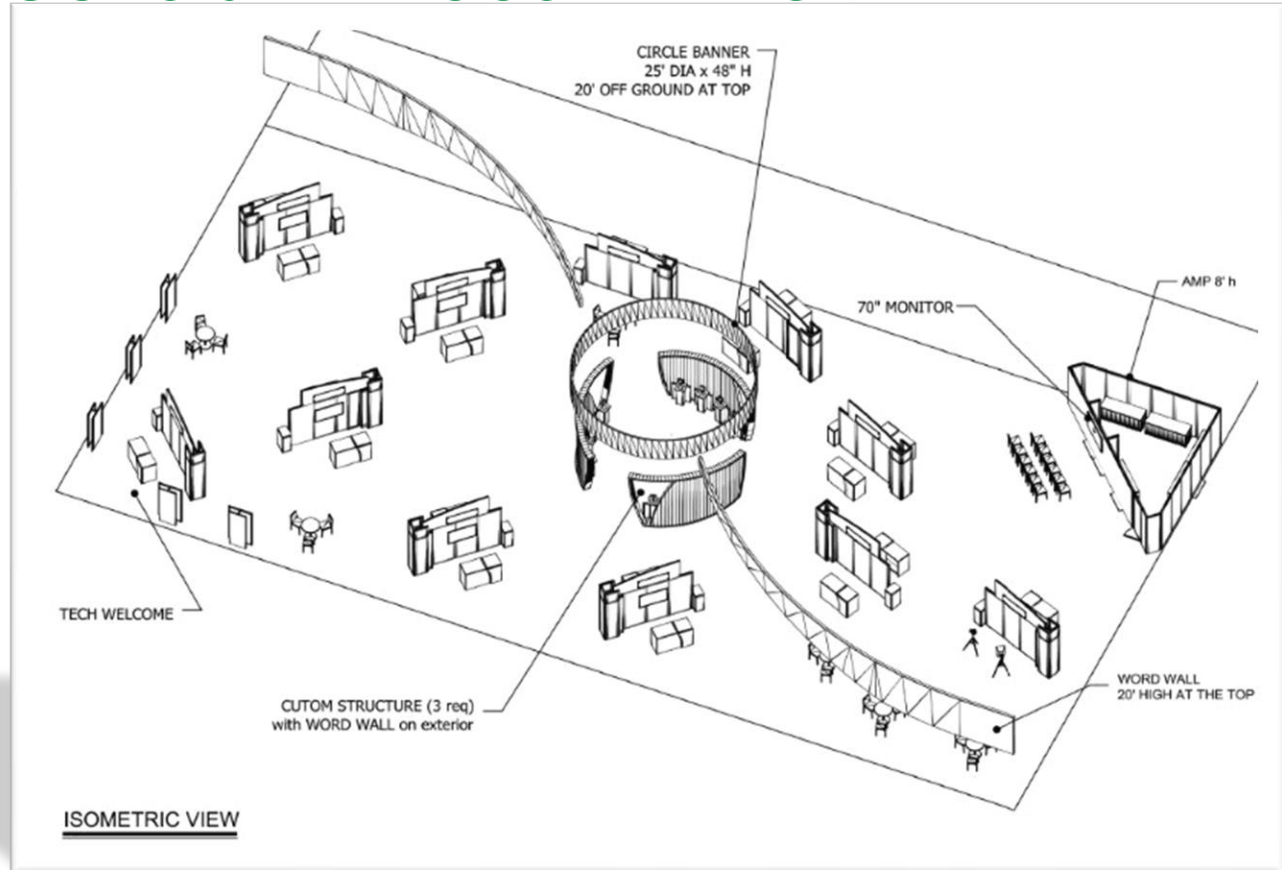
Partner with NSC to build a strong safety culture at your organization and keep employees safe.

[Become a Member](#)

[Request More Information](#)

# Visit NSC Central – Booth #713

- Membership
- Training
- Consulting & Surveys
- New Safety Technology and Solutions
- *Safety+Health* and NSC Publications



# Questions?

## Thank you for joining us!

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