Be Ready for a Workplace Emergency

Workplace First Aid Training Courses

First Aid Supplies

Teach others to save lives

See inside for details
First Aid – EVERY second counts!

In an emergency, someone who is not breathing can suffer brain damage in just 4 minutes, and brain death in just 8 to 10 minutes. EMS could take 10 minutes or more to arrive.

That’s why it is critical to have on-site employees trained in first aid to respond quickly. In fact, OSHA requires it if you’re not near a health clinic or hospital.

In 2020 alone, 65 million days were lost due to work injuries, costing $53.9 billion in wage and productivity losses. And more than 4,100 workers died on the job due to preventable workplace injuries.*

The National Safety Council is a recognized OSHA provider and leader in first aid education. For decades, we’ve helped organizations train and prepare their employees for emergency situations.

Learn first aid training from the experts

Why NSC?

The training you provide today could save a life tomorrow. By partnering with NSC, you know employees are receiving the most up-to-date knowledge and the latest life-saving techniques.

NSC First Aid courses are:

• The only nationally recognized program to exceed OSHA best practices for first aid
• Less expensive than other major providers, and NEW digital options are now even more affordable
• Innovative, offering a highly interactive classroom experience
• Updated with the 2020 CPR, ECC and First Aid guidelines
• Unique, providing a blended option with eLearning and classroom portions to reduce time, increase engagement and save money
• Enhanced with over 100 industry specific training scenarios designed especially for the workplace

Every NSC First Aid program has additional bonus content that goes above and beyond the CPR, ECC and First Aid guideline requirements.

NSC First Aid training is versatile so your staff can take courses nearly anywhere. See page 9 for training options.

* InjuryFacts.nsc.org

Most courses include naloxone training
Be prepared to respond quickly in an emergency

**NSC First Aid, CPR & AED**

Many lives have been saved as a result of first aid training. NSC First Aid, CPR & AED is taught in a dynamic hands-on way with industry-leading curriculum and content meeting the latest CPR and ECC Guidelines. This program is available in the classroom or online, and is customizable to your industry.

**You will learn how to:**
- Recognize and take action in a medical emergency
- Handle breathing and cardiac emergencies
- Sustain life until professional help arrives
- Prevent disease transmission
- Care for bleeding wound, sudden illness and injuries

**Who would benefit from taking this course?**
Emergency response teams, safety personnel, supervisors, individuals requiring certification and the general public

![Product Table]

<table>
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**Training length 5.5 – 5.8 hours**
(Up to 150 minutes of bonus content included)

**Volume discount pricing available**

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CPR Wrap Adult - NEW
Be ready to save a life. The Step-by-Step instructions walk you through the keys to performing CPR. Sanitary one-way mouthpiece protects you from bodily fluids. Simple illustrations tell you exactly where to place your hands.

19122-0000
(M) $9.50 (NM) $12.00

Shop additional selection of supplies at [nsc.org/shop/First-aid](http://nsc.org/shop/First-aid)
Provide employees with life-saving training

NSC First Aid

More than 90% of employees would take first aid training if it was offered by their employer. Employees are often on the “front line” of an emergency situation. NSC First Aid teaches participants to recognize everyday medical emergencies and provide immediate care until professional help arrives. Available as classroom training.

You will learn how to:
• Control bleeding
• Care for injuries, wounds and burns
• Treat life-threatening poisoning or choking situations
• Address sudden illness
• Rescue and move victims

Who would benefit from taking this course?
Emergency response teams, safety personnel, supervisors and the general public

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NSC First Aid Kit - Portable
NSC’s Weatherproof First Aid Kits are ANSI 2021 compliant.

First Aid Kit A Portable - ANSI 2021
73360-0025
(M) $32.95 (NM) $41.95

First Aid Kit B Portable - ANSI 2021
73360-0050
(M) $76.00 (NM) $95.00

First Aid Kit Metal Cabinet
Stocked with a large variety of quality first aid products catering to all common injuries.

ANSI Class A 3-shelf
73360-0100
(M) $188.00 (NM) $235.00

ANSI Class B 4 shelf
73360-0150
(M) $268.00 (NM) $335.00

Shop additional selection of supplies at nsc.org/shop/First-Aid
Act quickly in emergencies

**NSC CPR & AED**

Survival rates double when an AED is combined with CPR. NSC CPR & AED prepares participants to respond to a medical emergency. Available as classroom training.

**You will learn how to:**
- Take action in a medical emergency
- Assess the victim
- Provide basic life support, including airway management, breathing and circulation
- Use an AED

**Who would benefit from taking this course?**
Supervisors, office staff, factory workers, delivery drivers and teachers

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**Prestan Adult Manikins - set of 4**
These manikins feature a CPR rate monitor that provides visual feedback for compression rate. This enables students to gauge the rate and depth of compressions, and allows the instructor to monitor several students quickly and easily.

- 4 pack
- 73127-0000
  - (M) $690.00
  - (NM) $745.00

**Brayden/OBI CPR Manikin**
These manikins use animated LED lights under the skin to help students see the effect their CPR Compression Depth, Speed and Recoil has as the red LED lights respond to the quality of their technique. OBI Conversion Kits available for purchase online.

- Brayden
  - 19197-0000
  - (M) $495.00
  - (NM) $545.00

- OBI (Pre-Order)
  - 19197-5000
  - (M) $495.00
  - (NM) $545.00

Shop additional and replacement supplies at [nsc.org/shop/first-aid](http://nsc.org/shop/first-aid)
Train on-staff responders to address emergencies

**NSC Advanced First Aid, and Basic Life Support for Health Care & Professional Rescuers**

OSHA mandates a trained first responder must be present in high-risk industries where medical emergencies require immediate emergency response. NSC Advanced First Aid, and Basic Life Support for Health Care & Professional Rescuers is the ideal course for those in high-risk industries. Our comprehensive advanced course will help your students recognize and act competently and confidently in an emergency situation. Available as classroom training.

**You will learn:**
- Basic life support training commonly taught to health care and rescue professionals
- How to control bleeding and manage shock
- How to care for injuries and medical emergencies
- Advanced resuscitation techniques
- Special situations like behavioral emergencies, pregnancy and childbirth
- Remote-location first aid

**Who would benefit from taking this course?**
Employees in high-risk industries, college students, vocational school programs like HOSA and college health care professional programs including athletic training, nursing and more.

<table>
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*This course version is based on the 2015 Guidelines.*

**Practi-Trainer**
This AED trainer has all the functions needed to teach AED operation. It offers bilingual scenarios, remote control, adult and child connectors and pads

73126-0000
(M) $190.00 (NM) $200.00

**ZOLL AED Plus**
Unlike other defibrillators, the ZOLL AED Plus will guide you to the optimal CPR rate & depth by explicitly telling you to “push harder” or “push faster” in real-time.

**Fully-Automatic**
73315-0000
(M) $1,934.00 (NM) $2,148.00

**Semi-Automatic**
73314-0000
(M) $1,934.00 (NM) $2,148.00

Shop additional selection of supplies at [nsc.org/shop/first-aid](http://nsc.org/shop/first-aid)
Get a firm grasp of the critical fundamentals

NSC Basic Life Support

Today’s professional responders encounter many challenges. This in-depth course focuses on how to respond quickly and effectively to life-threatening situations. Available as classroom training.

You will learn:
• The professional rescuer’s role in medical emergencies
• How to assess a victim’s condition
• Basic life support including rescue breathing, CPR, and use of oral and nasal pharyngeal airways
• How to properly and effectively use an automated external defibrillator (AED)

Who would benefit from taking this course?
Health care providers, emergency response teams, safety personnel, fire, police, EMS, athletic trainers and lifeguards

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AED Cabinet Bundle Alarmed - NEW!
Make life-saving accessories available to first responders and alert bystanders in cardiac emergencies.

73306-0000
(M) $208.00 (NM) $260.00

Lifepak CR2 AED with Bag
The LIFEPAK CR2 AED features some of the industry’s most advanced lifesaving technology yet is still easy to use. The fully automatic version is labeled in both English and Spanish

Fully-Automatic
73415-0000
(M) $2,764.00 (NM) $3,200.00

Semi-Automatic
73414-0000
(M) $2,512.00 (NM) $2,800.00

Join now and save! nsca.org/join

Shop additional selection of supplies at nsca.org/shop/first-aid

Contact your local NSC Chapter or call (800) 621-7619
Ensure safety and compliance

**NSC Bloodborne & Airborne Pathogens**

OSHA requires employers to safeguard employees who may be exposed to blood or other potentially infectious materials. Knowledge gaps in this area could result in regulatory fines, or worse – injuries or deaths.

**You will learn:**
- The fundamentals of bloodborne pathogens
- Essential information on hepatitis viruses and HIV
- How to prevent infection from bloodborne pathogens
- About airborne pathogens, including tuberculosis

**Who would benefit from taking this course?**
Employees in high-risk industries, college students, athletic trainers, vocational school programs and college health professional programs

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**First Aid Burn Kit - Portable**
This NSC Burn Kit is loaded with high quality, proven products to relieve the burn and immediately begin the healing process.

73360-0200
(M) $33.00 (NM) $42.00

**Bleeding Control Kit - NEW!**
Make sure you’re prepared to handle a blood loss emergency. Keep the Bleeding Control Kit Premium in stock at your organization.

73371-5000
(M) $112.00 (NM) $140.00

Shop additional selection of supplies at nsc.org/shop/first-aid
Solutions for all your workplace needs

NSC First Aid training is versatile so your staff can take courses nearly anywhere. Training employees? Developing in-house instructors? NSC has courses for that and much more. In fact, NSC courses are designed to be available to employees when they need it, wherever they are located.

**Classroom training**
Instructor-led classroom courses teach employees how to respond when medical emergencies occur. NSC has thousands of authorized training centers and instructors ready to prepare your workplace to be safe.

**eLearning**
NSC programs cover all elements of the classroom course. Plus, student and Instructor Development Course eLearnings offer substantial savings for employers and give learners access to high-quality NSC training from the convenience of their office or home.

**Blended training**
Most First Aid training is available in a blended format, combining the convenience of eLearning with a 2-hour hands-on skills testing session. Employees receive a nationally recognized NSC course completion card when they complete the full course – the KEY to OSHA compliance.

**Onsite training**
Offered with every course, NSC authorized first aid instructors provide private training to employees at your workplace. It can eliminate the expenses of travel or extra time away from work.

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<tr>
<th>TRAIN EMPLOYEES</th>
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| **First Aid, CPR & AED (Pg. 3)** | • Classroom  
  • eLearning  
  • Blended  
  • On-site | • Classroom  
  • eLearning  
  • On-site |
| **First Aid, CPR & AED plus Bloodborne/Airborne Pathogens (Pg. 3)** | • Classroom  
  • eLearning  
  • Blended  
  • On-site | • Classroom  
  • eLearning  
  • On-site |
| **CPR & AED (Pg. 5)** | • Classroom  
  • eLearning  
  • Blended  
  • On-site | • Classroom  
  • eLearning  
  • On-site |
| **First Aid (Pg. 4)** | • Classroom  
  • eLearning  
  • Blended  
  • On-site | • Classroom  
  • eLearning  
  • On-site |
| **Bloodborne & Airborne Pathogens (Pg. 8)** | • Classroom  
  • eLearning  
  • On-site | • Classroom  
  • eLearning  
  • On-site |
| **Advanced First Aid, CPR & AED (Pg. 6)** | • Classroom  
  • On-site | • Classroom  
  • On-site |
| **Basic Life Support for Health Care & Professional Rescuers (Pg. 7)** | • Classroom  
  • On-site | • Classroom  
  • On-site |
| **Pediatric First Aid, CPR & AED (Pg. 10)** | • Classroom  
  • eLearning  
  • Blended  
  • On-site | • Classroom  
  • eLearning  
  • On-site |

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Join now and save! nsc.org/join

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Contact your local NSC Chapter or call (800) 621-7619
Be prepared for pediatric emergencies

NSC Pediatric First Aid, CPR & AED

Parents and caregivers can play a life-saving role in treating children with injuries. Being prepared is not a luxury but a necessity. Our NSC Pediatric First Aid, CPR & AED course, updated with the 2020 CPR, ECC and First Aid guidelines, is an adaptation of all topics from our NSC First Aid, CPR & AED course and meets the special needs of infants and children. Students gain the hands-on training and confidence to respond in a variety of pediatric emergencies.

You will learn how to:
• Take action in a medical emergency
• Provide basic life support
• Treat bleeding and wound care
• Treat shock, burns and poisoning
• Deal with a sudden illness
• Respond in cold and heat emergencies
• Ensure safety for children with disabilities

Who would benefit from taking this course?
Child care providers, early childhood educators, students who interact with younger children, youth organizations, parents and retail staff

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Prestan Infant CPR/AED Train Manikins
Medium Skin Tone - 4 Pack
These manikins feature a CPR rate monitor that provides visual feedback on the front of the diaper for compression rate. This enables students to gauge the rate and depth of compressions, and allows the instructor to monitor several students quickly and easily.

73204-0000
(M) $615.00 (NM) $655.00

Shop additional selection of supplies at nsc.org/shop/first-aid
Teach others to save lives today!

Be the one that helps save a life. Enrolling in the new Blended eInstructor Development Course (eIDC) from NSC is now easier than ever. In just a few simple steps, you can become an NSC Instructor and be on your way to helping others save lives.

1. Take an in-person student course
2. Provide credentials to NSC for verification
3. Purchase an NSC Instructor Resource Kit and one of our NEW optional Instructor Bundle Kits
4. Complete the eInstructor development course eLearning
5. Begin teaching

It’s that simple!
This could be the most rewarding thing you’ve ever done.

For details and training supplies, go to nsc.org/FAteach

Saving lives – we take it personally
Ten years ago, Mary came to NSC and trained to be a First Aid, CPR & AED Instructor. She never dreamed that the life she saved would be the love of her life. Learn more at nsc.org/FAteach

“My husband collapsed at home last year. I performed CPR for 10 minutes until EMS arrived and he survived! The paramedics said my compressions were excellent and he didn’t suffer any brain damage from lack of oxygen. CPR works and I am so grateful for the knowledge I gained as an NSC CPR/FA instructor.”

Mary V
San Rafael, CA
Seconds save lives
Be prepared!
If someone isn’t breathing, brain damage can occur in just 4 minutes. That’s why it’s critical to have on-site employees trained and ready to provide first aid quickly. Truly, it’s a matter of life and death.
See inside for details to learn more about NSC First Aid Training and Products!

Download this catalog at nsc.org/FAcatalog

Not all first aid courses are the same

NSC trainings are:
• Designed to exceed OSHA First Aid Standards
• Tailored for your workplace
• Current with CPR/ECC guidelines
• And, most NSC First Aid courses include naloxone training

And there are multiple ways to learn:
• Onsite instructor training that comes to you
• A wide range of classroom, eLearning, blended learning courses
• And much more!

See inside for details to learn more about NSC First Aid Training!

Prices and fees in this catalog are subject to change or termination at any time without advance notice.