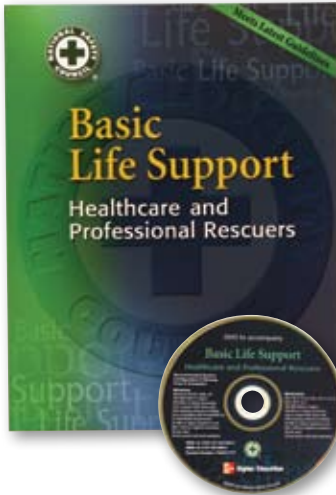




# EMERGENCY CARE

## Basic Life Support: Healthcare and Professional Rescuers



Video-Self-Instruction (VSI) DVD is included for skill retention.



### Become an Authorized NSC Instructor

If you are an EMT, paramedic or first responder and are authorized by another provider to teach, you can likely be grandfathered in as an authorized NSC instructor.



National Safety Council  
1121 Spring Lake Drive  
Itasca, IL 60143 U.S.A.  
(800) 621-7619  
nsc.org

## Be prepared for emergencies anytime, anywhere

**Required for all NSC professional rescuer CPR instructors, this course provides the cutting edge techniques paramedics, firefighters, police officers, lifeguards and others need to save lives.** Today's professional responders encounter many challenges such as infectious diseases and natural and man made disasters. In order to respond to these emergencies, responders may require increased training.

This program highlights immediate life-threatening situations, demonstrates how to respond to them quickly and effectively, and offers some perspective about how often these situations occur.

### What you'll learn

- Role of professional rescuers in emergencies
- Assessing the victim's condition
- Basic life support, including rescue breathing, cardiac emergencies, cardiopulmonary resuscitation (CPR), airway obstruction, and automated external defibrillation (AED)
- Special resuscitation situations and advanced resuscitation

### Course description

NSC has designed this 7 1/2-hour course with innovative teaching methods to improve instructor and student competence. The CPR skills are taught in Video-Self-Instruction (VSI) format, which research shows improves acquisition and retention. Students perform CPR along with the video and take their cues from the rescuer on screen. This helps the instructor to monitor student performance and give critical feedback.

### Course materials

#### Instructor Resource Kit

- Instructor Manual on CD with PowerPoint® presentation and test bank
- Professional Rescuer CPR DVD with VSI training
- Student textbook

#### Student Textbook

- More than 100 pages of step-by-step, full-color photo sequences, illustrations and skill demonstrations
- Course DVD with VSI training
- Nationally recognized course completion card

### Who would benefit

- EMS professionals
- Firefighters
- Paramedics
- Police officers
- Lifeguards
- Athletic trainers

For more information on all our emergency care training options, visit [nsc.org/train/ec](http://nsc.org/train/ec), call (800) 621-7619 or contact your local NSC Chapter.