



FIRST AID

Standard First Aid, CPR, and AED Online Training



Learn lifesaving skills at your own pace

More than 25% of emergency room visits could be avoided if people knew basic first aid and CPR — a savings of \$9 billion in health care costs each year. The National Safety Council Standard First Aid, CPR, and AED Online program is an affordable, convenient way to teach employees lifesaving skills at their own pace, from any computer with an Internet connection. It's ideal for employees whose work assignments make it difficult to complete classroom training. The program is also great as a refresher tool to keep skills sharp.

What you will learn

- Identifying the emergency
- Bleeding and wound care
- Burn care
- Bone, joint and muscle injuries
- Poisoning
- Post assessment
- Basic life support
- Shock
- Serious injuries
- Sudden illness
- Cold and heat emergencies

Course description

The NSC Standard First Aid, CPR, and AED Online course is based on the same content as our 5 1/2-hour instructor-led course. The online version includes improved navigation, new graphics, interactive animation and realistic sound effects that bring the course to life. These elements create a more comprehensive and engaging learning experience than any other online course available.

Skills testing

This online course clearly presents learning points through animation, full-motion video, interactive user exercises and real-world simulations. Upon completion, students may attend a skills-testing session conducted by an authorized NSC Instructor to earn nationally recognized NSC First Aid, CPR, and AED completion cards. To locate a skills testing center, visit train.nsc.org/tcd.

Who would benefit

- Emergency response teams
- Safety personnel
- Supervisors
- Individuals requiring certification
- The general public

Visit safetyserve.com/firstaid, call Customer Service at **(800) 621-7619** or contact your local NSC Chapter for more information.



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For more information on NSC First Aid, CPR, and AED training and other first aid training options, visit nsc.org/train/ec, call **(800) 621-7619** or contact your local NSC Chapter.

For details on other NSC online training, including defensive driving and workplace safety, go to nsc.org/onlinetraining.