



OCCUPATIONAL SAFETY & HEALTH

Ergonomics: Managing for Results

Advanced Training Instructor-led Classroom Courses

Advance Your Safety Leadership Career

Ergonomics: Managing for Results

Learn to take control of the #1 cause of workplace injuries by designing and implementing a practical, effective ergonomics program. This course shows you how to recognize risk factors, conduct an ergonomic worksite analysis, evaluate and rank hazards, and select appropriate control methods.

What you will learn:

- Basic concepts of workplace ergonomics
- Recognizing ergonomic risk factors related to Musculoskeletal Disorders (MSDS)
- Conducting a workplace ergonomic analysis, evaluating and ranking hazards
- Assessing control methods and selecting the method best suited to the risk level
- Implementing a successful ergonomics program at your workplace

Course description:

Workers who suffer repetitive motion injuries spend a median of 19 days off the job. If you're a business owner, manager, supervisor or HR professional, this course can help you understand the importance of keeping your employees free from ergonomic-related injuries. You'll learn how to prevent repetitive motion and overexertion — the biggest risk factors facing American workers today.

Course materials: Participant Guide

1 day, 0.65 CEUs*

Course counts toward earning the NSC Advanced Safety Certificate (ASC)

Who would benefit:

- Safety managers
- Coordinators
- Specialists
- Other full-time safety practitioners
- Safety committee members
- Operations managers
- Loss control managers
- Human resources professionals
- Anyone with safety responsibilities.



National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143 U.S.A.
(800) 621-7619
nsc.org

*Continuing Education Unit

A Continuing Education Unit (CEU) is a measure of participation in a recognized continuing education program with qualified instruction and sponsorship. CEU records are widely used to provide evidence of completion of continuing education requirements mandated by certification bodies, professional societies or government licensing boards.