October 2019 Safety+Health

Features (as space permits)

Women in safety: The benefits of having a mentor
Mentoring can take on various forms throughout one’s career, and is especially valuable for underrepresented groups in a profession, such as women in the safety and health field. Safety+Health talked to three young professionals (members of the NSC Women’s Caucus) who are enhancing their careers thanks to a relationship with a mentor. (Barry Bottino)

Preventing back pain
In 2018, the World Health Organization reported that low back pain is the leading cause of disability in the world. Experts say education and ergonomic adjustments can help workers. (Alan Ferguson)

Small business safety
For many small business leaders, putting safety above the bottom line can be challenging. S+H talks to some experts, including John Vasquez of the National Safety Council, about how to overcome the hurdles. (Barry Bottino)

Workers and opioids: A snapshot
According to 2019 data from NIOSH, 760 drug overdose deaths occurred in workplaces between 2011 and 2016. S+H presents an infographic spotlighting this and other sobering statistics about workers and opioids. (Kevin Druley)

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